Philips Monitoring System (MUNSON)

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Introduction

Central Monitoring System

The Philips Patient Information Center is a regulated medical IT system that:

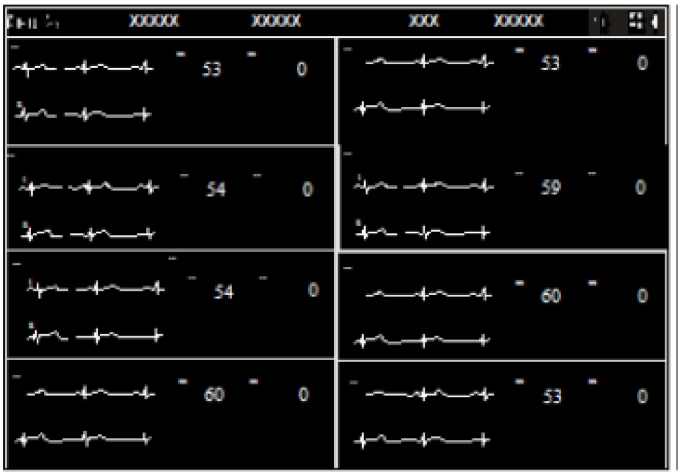
- Provides continuous monitoring of patient vital signs from admission to discharge.
- Consolidates and communicates vital signs data from monitors and third-party devices to caregivers and to the Electronic Medical Record (EMR) for a complete patient record.
- Supports industry standard interfaces to integrate into existing hospital IT infrastructure and EMR systems while meeting requirements for manageability, serviceability, and security.
- Meets the needs of caregivers on the go by means of remote access to patient vital signs for information anywhere.

Through a combination of advanced alarm management, mobility, and clinical decision support, Philips Patient Monitoring Systems enable reduction of non-actionable alarms, improve workflow efficiency, and facilitate early intervention of patient deterioration to improve patient care and outcomes.

The Information Center software runs on a PC workstation with one or two displays for viewing patient data and accessing clinical applications. A mouse and keyboard are provided for entering and changing patient data and other information. If you position the cursor on a labeled application button and click, the application is immediately displayed on the screen. Note that an on-screen keyboard is not available.

With a touchscreen, you can access patient data by either using the mouse or by touching the item on the screen with your finger or a stylus. The mouse is best for making precise selections and measurements, such as using calipers. The touchscreen is best for actions such as acknowledging alarms, accessing application windows, or recording strips. When using a touchscreen, keep the area free of items that can inadvertently touch the screen. If the touchscreen becomes unavailable for any reason, you can access patient data by using the mouse and keyboard.

The Main Screen displays real-time waves, numerics, and alarms from multiple patients. It can be configured to show up to 64 waves, and contains the following elements:



1 Caption Bar

2 Patient Sectors

 Select the Patient Window button to open the Patient window to Display a real-time view of the current patient's data. You also can choose to do an ECG analysis to view all available ECG leads. The Patient Window provides a real-time view of the patient's waves and numerics. You can view patient data and perform all tasks in the Patient Window. In addition to the waves and numerics, the Patient Window contains the following items:

- The Bed Label Pane - Displays the bed label and ID for the currently selected patient. Select the down arrow to select another patient to view.
- The Print Icon to start a printout of the Patient summary report.
- The Help Icon.
- Alarm message areas – All active alarms and technical alarms display on the top right of the patient window. Status messages are color-coded to indicate the message severity. Orange background indicates high severity. Black background indicates low severity. Select the status message to open System Help in the application window. The Help contains a list of status messages with the possible causes and recommended actions for each message.
- Patient Name - Displays the patient's name. Depending on the length of the complete string and the amount of available space, a minimum number of characters is shown, ending with an ellipsis (...). Three question marks (???) precede the patient's name when there is a problem identifying the patient. For example: Patient data between the Information Center and the bedside does not match. All required information was not entered when the patient was admitted.

Buttons in the sector become visible when you move the cursor into the sector or, if using a touch screen display, when you first touch the sector with a stylus or the tip of your finger. When you place the cursor inside a patient sector, the sector is outlined in an orange border. You can minimize the buttons by moving the cursor into the sector and holding down the **Ctrl** key. While the cursor is inside the sector, the buttons remain minimized until you press the **Ctrl** key again. If you move the cursor out of the active sector and move it back in, the buttons become visible.

 Select the Manage Patient icon, which will allow you to:

- Admit, discharge, and transfer patients.
- Enter or update patient demographic information.
- Manage the equipment associated with the patient.
- Temporarily place the bed in standby.
- Enter a temporary transport location, and/or select the patient's equipment to place in standby.
- Export ECG waveform data to a Philips Holter system for analysis.

To Admit a Patient: Use one of the following methods:

- Manually enter new patient information in the fields in the **Patient Demographics** section by typing a 1-30 character first and last name in the appropriate fields. You can use the TAB key to move from field to field. You can also admit a new patient by entering the MRN.
- Use the **Find Patient...** option to find a patient who is being monitored in another Information center or who has been recently discharged.

You can then choose the patient's gender from a drop-down list. It will default to Male while performing a 12-lead if not assigned. It will default to Female while measuring STE if not assigned. Specify the patients birth date by entering it on the calendar. This will update the age field. Enter the patient's height in the appropriate field. This can be in inches or centimeters according to your policy. Enter the Patient's weight using pounds or kilograms according to your policy. Select "Apply" after verifying all information is correct.

Read all confirmation messages and check patient alarms, settings, and paced status when automatic admission, discharge, or transfer is complete.

Viewing and Adjusting Waves:

When the ECG measurement is on, the first wave displayed is the primary ECG wave. The primary wave is always used for ECG analysis. A rhythm status message displays in the upper right corner of the wave, and an arrhythmia status message displays above and in the center of the wave.

Pleth waves on an Efficia monitor are labeled as SpO2.

Wave Adjustments

You can adjust waves in the patient sector or Patient Window layout by selecting a wave then selecting one or more options described below.

- Change Wave – Select a wave from the list. You cannot select the primary ECG wave.
- ECG Analysis – Available if you select an ECG wave. Select to access the ECG Analysis application.
- Primary Lead – Available if you select the primary ECG wave. Select the primary led from the list.
- Size up or Size down - Select to increase or decrease the size (gain) of the wave (if available).
- Set up ECG – Available if you select an ECG wave. Select to access the **Measurements** application ECG page, where you can change heart rate limits and asystole thresholds.

Manually Transferring a Patient to a New Bed: Transfer data for a patient by performing the following steps:

- Use one of the following methods to open the **Manage Patient** In the sector for the bed that you want to transfer, select the name field or select the **Manage Patient** shortcut button. In the application window task bar, select the **Manage Patient** button.
- Select the **..** button. The **Transfer Patient** dialog box displays a list of available beds in the institutions and units.
- To transfer this patient to another bed within this unit, select the bed from the list of beds in your unit. To transfer this patient to a bed in another unit, first select the unit name, then select a bed from the list.
- Specify whether to clear the sector (remove the bed from the sector) upon transfer by selecting or clearing the **Clear Sector** check box. The system can be configured so that the check box is selected by default. Depending on your unit practices, you may want to clear the check box so the sector is not cleared and the equipment remains assigned to the sector.
- Select "OK".
- Confirm the transfer by selecting the orange "TRANSFER" button.

To Discharge a Patient: Use one of the following methods to discharge a patient.

- Manually discharge a patient in the **Manage Patient** application.
- Discharge a patient directly from the hospital information system or bed management system.

Considerations

Before discharging a patient, note the following:

- Discharging the patient at the Information Center also discharges the patient from the bedside monitor. All monitor and MMS settings (including arrhythmia settings) reset to their defaults.
- When you discharge a patient, the Information Center saves the patient data for all admitted patients. The system stores seven days of data and purges the stored data seven days after discharge.

You can search discharged patient data without readmitting for up to seven days.

- If you readmit a patient, the discharge data is overwritten by new monitoring data as it occurs, and you will only see the full disclosure amount of data.
- Monitoring devices may be set up with predefined configurations called *profiles*. When you discharge a patient, the profile reverts to the default profile configured for the device. Refer to your monitoring device documentation for details. When

you discharge an admitted patient at the Patient Monitor, the Information Center discharges the patient and saves the data.

- *Important* — For MRx monitors, turning off the bedside monitor for more than 10 seconds discharges the patient at the MRx monitor and resets defaults, but it does not discharge the patient from the Information Center; the patient is still admitted at the Information Center. It is important to discharge the patient before turning the monitor off to avoid data being associated with the wrong patient.
- Patients that are discharged while the Information Center is in Local/Disconnected mode will be synchronized upon connection to the primary server.

Warning

Read all confirmation messages and check patient alarms, settings, and paced status when automatic admission, discharge, or transfer is complete.

Measuring ECG:

The electrocardiogram (ECG) measures the electrical activity of the heart and displays it on the

Information Center as a waveform and a numeric. In order to compare measured ECG signals, the electrodes are placed in standardized positions, forming "leads". To obtain ECG signals optimized for use in diagnosis and patient management in different care environments, different lead placements can be used.

Selecting the Primary and Secondary ECG Leads

The telemetry device or patient monitor uses the primary and secondary lead selected at the

Information Center to compute HR and to analyze and detect cardiac arrhythmias.

You should choose a primary and (if using multi-lead monitoring) secondary lead that have the

following characteristics:

- the QRS complex should be either completely above or below the baseline and it should not be biphasic
- the QRS complex should be tall and narrow
- the T-wave should be less than 1/3 the R-wave height
- the P-wave should be less than 1/5 the R-wave height

Documenting Patient Events

Documentation of patient events and procedures is a necessary element of patient care. You can print reports from the PIC iX to paper, electronically via PDF, or both.

Create a Saved Strip

You can create a saved strip with the PIC iX electronic caliper (eCaliper) measurements and comments in any strip tile in Alarm Review, General Review, or specialty review applications.

Note —You must have Full Permission Access to annotate and save a strip to the database.

- Select the strip that you want to annotate.
- Select the Annotate icon. The Saved strip dialog box opens. You can move the dialog box as needed.
- Select a label from the drop-down list to add labels. This field can be customized as needed in Alarm Review.
- Enter text in the second field, up to 30 characters. This value displays in the Comment field for the strip.
- Add eCaliper measurements. Consider changing the wave speed to 50 mm/sec. (Select the speed on the bottom right of the strip, then select a speed from the list.) Click and drag in the strip to and from the desired location in the wave. The measurement is displayed between the vertical lines. In the dialog box, click the measurement label to add the measured value. *Note* — Double-click the measurement to see the caliper bars at any time.
- Select another strip and repeat these steps as needed.
- When you are done, select Save. The measurements are saved to the strip.

Reviewing ECG Waves

Depending on the number of ECG leads and licensing, 3 to 12 waves are available for review. These waves can be reviewed with the other data tiles, such as with events and alarms.

Alarms:

Quickly Viewing Target Events - When reviewing patient data, it is often helpful to quickly view specific types of alarms or events.

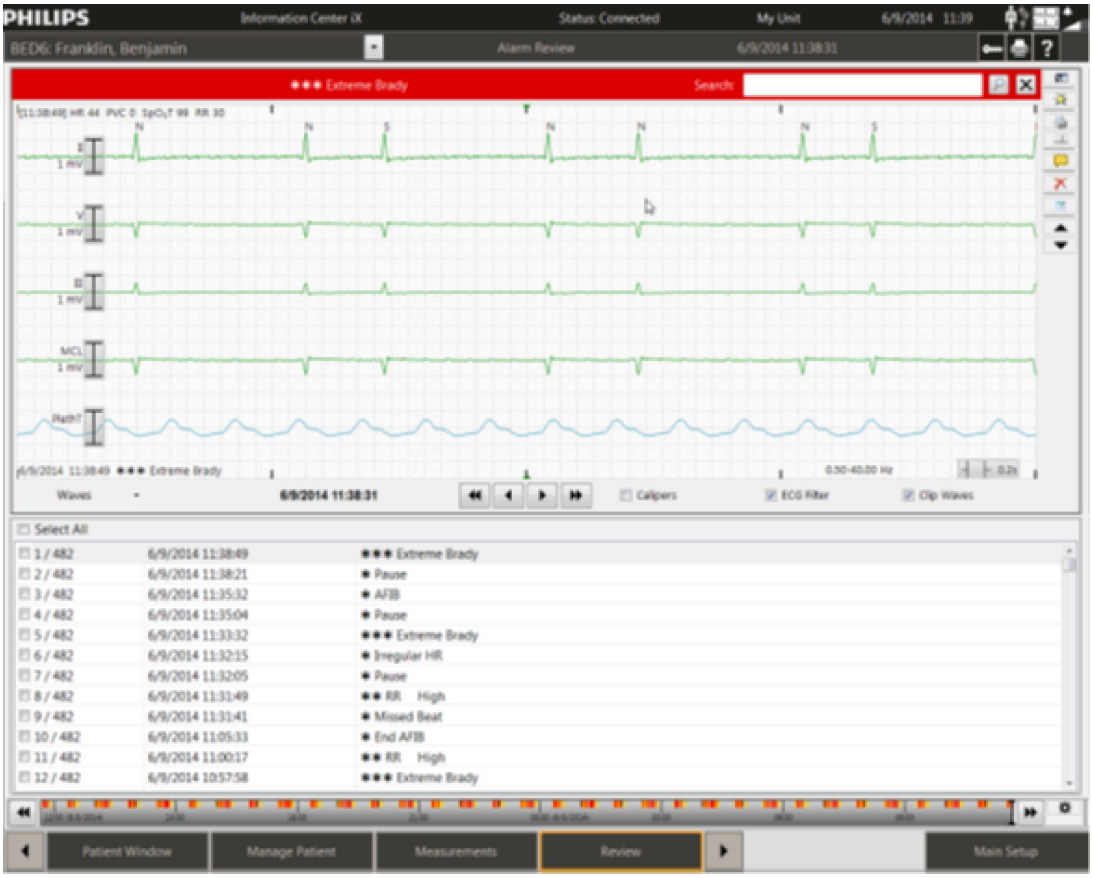
Fast Alarm Review - Select either the Acknowledge key, or the alarm banner in the sector to see alarming waves prior to being available in other applications. Alarm strips can be printed, annotated, or discarded. If you are using secondary notifications, such as with Philips CareEvent, you can manually page an alarm from this application.

Note — The Silence key is called the Acknowledge key.

Alarm Review

Alarm Review always opens with the most recent alarm strip. To review alarms, open Alarm Review from the Review sector button, if configured, or you can open Alarm Review from the main Setup menu or from the Review application menu in any open application. Use the toggle icon to switch between the three different tiles. The tile you prefer can be set up as a default on each host.

- **Tabular** tile – shows a detailed strip with multiple waves and a tabular list of alarms. Use the up and down arrow keys to quickly view alarm strips. This is the factory default tile.
- **Compressed** tile – shows 30 seconds of compressed waves for all strips.
- **Strip Window** tile – a combination of Compressed and Strip tiles.



Reviewing Alarms and Events in Other Applications

Within the factory default review applications (as well as custom applications that were created for your unit), there is a data type called the Event tile. You can use the Event tile to review alarms with other associated data, such as compressed wave storage or graphical trends. Arrhythmia events are also shown, even when a specific alarm is off, such as for yellow level ventricular alarms. The length of the colored box indicates the duration of the event.

- Open the review application. If opened from Alarm Review, the time focus is the selected alarm. If opened from another application, it opens at the current time minus the one minute for storage.
- The Event tile is highlighted below. Note the displayed number of events shown on the right. Alarms are shown with the corresponding color, and arrhythmia events are shown in cyan.

- Clear the check box next to the events you do not want to see. If licensed, specific events can be customized for each review application.
- Move the cursor over any alarm or event to see text that contains the details.
- Select the event to examine its associated waves, trends, and numerics.
- Use the arrow keys in the middle of the tile to quickly navigate to next or previous events.

 Alarms off. Displays next to the numeric when alarms are turned off for the numeric.

 Pause Alarms (Red and/or yellow). **PRESS THIS BUTTON AGAIN TO RESUME ALARMS!**

 Acknowledge/Review Button. Turns off the alarm sound and the sector background changes from blue to black.

 Volume icon. Select to adjust the alarm volume.

Physiological alarms are red and yellow alarms. A red alarm indicates a high priority patient alarm such as a potentially life-threatening situation (for example, asystole). A yellow alarm indicates a lower priority physiological alarm (for example, a respiration alarm limit violation). Additionally, there are short yellow alarms, most of which are specific to arrhythmia-related patient conditions (for example, ventricular bigeminy). Alarm message areas. All active alarms and technical alarms/INOPs display on the top right of the patient sector. A RED warning alerts you to a potential serious outcome, adverse event or safety hazard. Failure to observe a warning may result in death or serious injury to the user or patient. A YELLOW caution alerts you to where special care is necessary for the safe and effective use of the

product. Failure to observe a caution may result in minor or moderate personal injury or damage to the product or other property, and possibly in a remote risk of more serious injury. Technical alarms, or INOPs indicate that the monitoring device cannot measure or detect alarm conditions reliably. If a technical alarm interrupts monitoring and alarm detection (for example, LEADS OFF), the numeric is replaced by a question mark in the sector and Patient Window, and an audible indicator sounds. Technical alarms without this audible indicator indicate that there may be a problem with the reliability of the data, but that monitoring is not interrupted. Most technical alarms are light blue, however there are a small number of technical alarms that are always yellow or red to indicate a severity corresponding to red and yellow alarms.

There can be only one alarm sound annunciating at the Information Center at one time.

- If there is an unacknowledged red level alarm in the presence of any other level alarm, the sound for the red alarm annunciates.
- If there is no unacknowledged red level alarm condition and there is an unacknowledged long yellow alarm in the presence of any other yellow technical alarm (acknowledged or unacknowledged) the sound for the long yellow alarm annunciates.
- If there is no unacknowledged red level alarm or long yellow level alarm condition and there is an arrhythmia or nurse call event, the short yellow (*) alarm sound annunciates.
- If there are no unacknowledged red or long/short yellow alarm conditions and there is any bed with an unacknowledged technical alarm condition, the sound for the technical alarm annunciates.
- If multiple sectors are in alarm, once the highest level alarm is acknowledged in a sector the next highest alarm annunciates.
- An alarm tone indicates the alarm type. There is no sound for soft INOPs/technical alarms.

Other Buttons and Icons:

 **Battery icon.** If there is at least one battery-operated device assigned to this patient, the battery icon indicates the device with the least amount of battery strength. Move your cursor over the icon to view a list of equipment for this patient sorted from the lowest to highest battery charge. The battery icon has five levels: approximately 100% to 80%, 80% to 60%, 60% to 40%,40% to 20%, or -Replace Battery strength. The number of segments indicates the approximate power level.

 **Help icon**. Select to view the online Help application. The Help application is always available and provides context-specific information on using the Information Center applications.

 **Manage Patient icon**. Available in sectors not currently monitoring a patient. Select the icon to access the **Manage Patient** application where you can assign a monitoring device.

The Measurements Button: Provides access to the **Measurements** application, which allows you to:

- Change alarm limits for a patient.
- Turn specific alarms on or off for a patient.
- Adjust measurement settings within a profile.
- Set up telemetry devices.
- Designate which alarms will generate a recording or report or initiate a page.
- View or print an Alarm Summary.
- Configure criteria to trigger alarm advisor notifications.
- View active notifications.

Your choices in the application depend on how your unit is set up and the equipment assigned to the patient.

Paced Mode icon. Indicates the patient's current paced status.

-  On – The icon is white when **Paced Mode** is turned on.
-  Off – The icon is green with an X over it when **Paced Mode** is turned off.
-  Unconfirmed – A red question mark displays over the icon when the patient's paced mode is unknown or in conflict.

The pacer spike color is always white unless the ECG wave is white. If the ECG wave is white, then the pacer spike color is green. Pacer spikes may be configured to display with fixed amplitude for increased visibility.

Important — If **Paced Mode** is set to **Unconfirmed**, the ST/AR algorithm acts as though **Paced mode** is turned on. Select the icon to display a menu where you can turn **Paced Mode** on or off.

Warning - If the patient has a pacemaker, **Paced Mode** must be turned on, enabling the ST/AR algorithm to detect and reject pace pulses (spikes) from the HR count. Otherwise, pace pulses could be detected as beats and the monitor may not alarm for an asystole condition. If the patient does not have a pacemaker, turn **Paced Mode** off to allow the ST/AR algorithm to work most effectively.

 **Print/record Icon**. Depending on your system setup, select this icon to do the following:

- **Record All** — make a delayed recording for all sectors that currently have patient data.
- **Print All** — print a strip for all patients in the unit.
- **Save Strips —** create saved strips for all patients in the unit.

If you select this icon, a message asks you to confirm that you want to proceed with the action. Select **Yes** to confirm. Your system may be set up to just record, record and save a strip, or to just save a delayed strip.

Resuscitation Status Icons:

 Do Not Resuscitate. Resuscitation icon. Indicates the patient's current resuscitation status.

 Modified. The icon is solid white when the patient's resuscitation status is set to **DNR** (Do Not Resuscitate). The icon is a white outline when the patient's status is set to **Modified**. The icon does not display if the patient's resuscitation status is set to **Full**. Select the icon to access the **Manage Patient** application where you can change the resuscitation status.

<u>Prior Data:</u>

Patient data can be stored up to 7 days for each patient of Retrospective Review at Central Station. Data stored upon discharge, or from another unit with a transfer, will be shown separately from current data.

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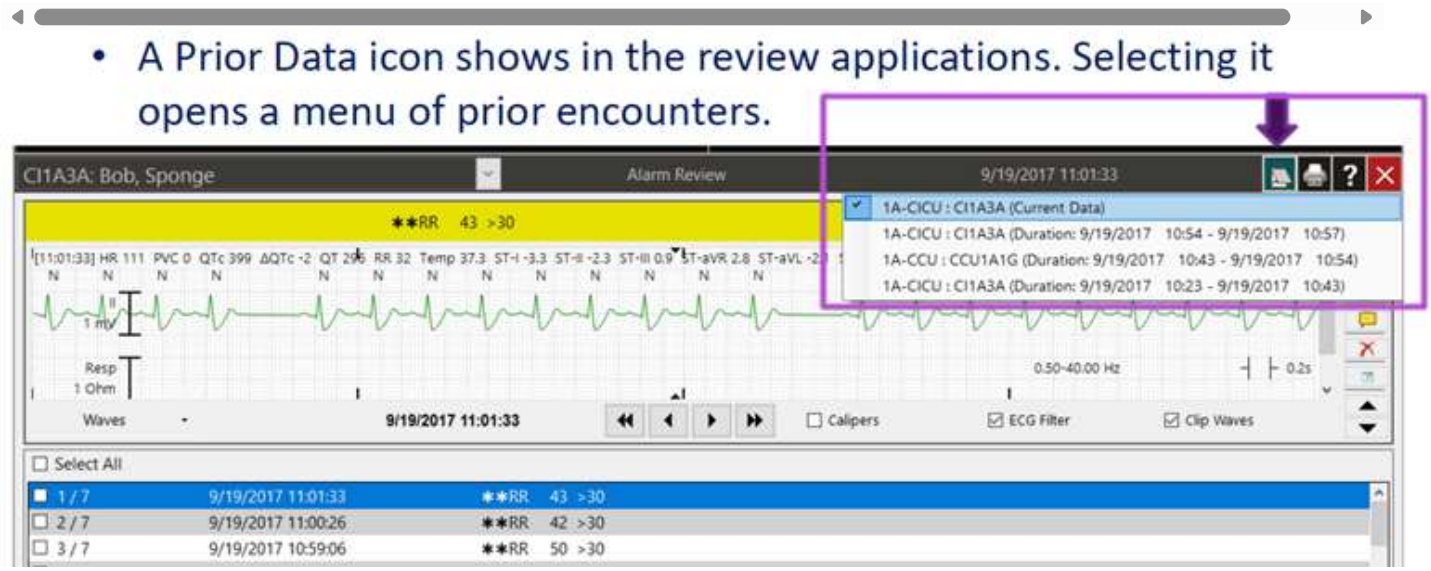


Once you are into this window –

- The Information Bar at the top turns teal green (states 'Prior Data')
- The only smart key on the bottom task bar will be 'Review'
- Main Screen button becomes 'Current Unit'
- To close the application, use the red X in the upper right or choose the Current Unit button

« SCROLL »

References:

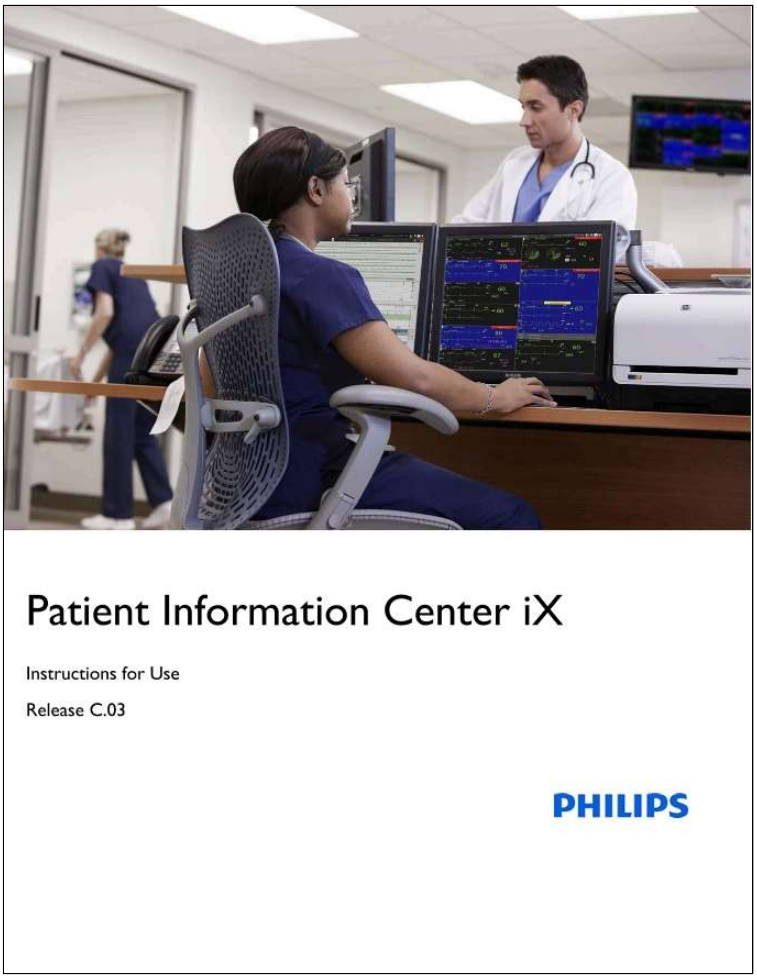
- MX Series QR Codes
- Central Monitoring Station PICiX
  - IFU_-_PIC_iX_Rel_C.03_-_English.pdf- Central station user manual
  - PIICiX Rev C.03 Patient Data Review
- MX40 Telemetry box
  - the MX40 IFU manual link
  - the MX40 quick card reference
- MX400 Large Mounted Monitor
  - IFU MX400-800_IVPM_N0x)Mar2019.pdf User manual
- Invasive pressure Guide
  - Invasive Pressure PDF
- Capnography
  - Capnography Application Guide

Notes

MX Series QR Codes

View image in PDF format.

Philips Monitoring System Manual



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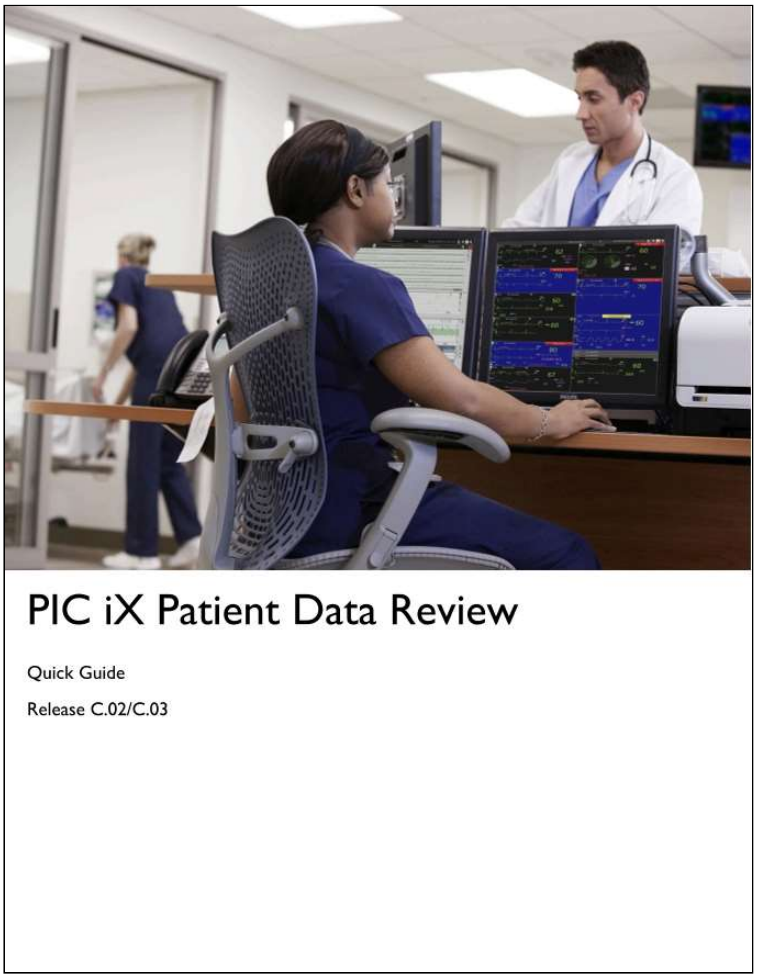

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Car Seat Quick Guide

Car Seat Assessment Record (CAR)
Quick Guide

1. Place baby in car seat.
2. Change Screen to **CAR SEAT TEST.**

3. Touch SmartKey – **START CAR.**
4. Select amount of time for Test Duration *(based on hospital protocol)*.

5. Touch **CONFIRM** key.

CAR is now in progress
Monitoring is continued during CAR.

6. If at any time during CAR you need to exit or stop – press the SmartKey **STOP CAR** and **CONFIRM**.

   At any time you can also switch back to your default monitoring screen by touching **Change Screen**, then touch the back arrow at the top of that menu. *CAR will continue to run in the back ground.*

7. When CAR is complete, the countdown timer (to the far right in the CAR Screen) will turn **RED**.

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Radial Artery Access and Care

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October 2025

MUNSON HEALTHCARE

Goal and Objectives

Goal

The goal for this course is to educate the nurse on radial access anatomy, care, and complications.

Objectives

1. Describe three benefits and limitations of radial artery access.
2. Differentiate three radial post-procedural complications and their treatments.
3. Explain radial artery patency in relation to radial artery occlusion.

Background, Benefits, and Limitations of Radial Access

- On August 14th, 1992, the first interventional coronary procedure was performed using the radial artery.
- **Radial artery access** is now the ***Gold Standard*** of practice in the Cath Lab and Interventional Radiology (IR).

Benefits	Limitations
Early ambulation	Prone to vasospasm
Fewer bleeding complications	Arterial vessel size limitations: Women have smaller vessels
Faster discharge rate	Difficult tortuosity
Collateral circulation prevents hand ischemia	Vessel accommodates up to 6fr sheath
Absence of major nerve structures minimizes neurological complications	Radial/brachial anatomical loops

Review of Radial Anatomy

The radial artery arises together with the ulnar artery from the bifurcation of the brachial artery just below the bend of the elbow.

It passes along the lateral side of the forearm from the neck of the radius to the styloid process in the wrist and is smaller than the ulnar artery.

The average diameter of the radial artery is:

- ***2.8mm in females***
- ***3.1mm in males***

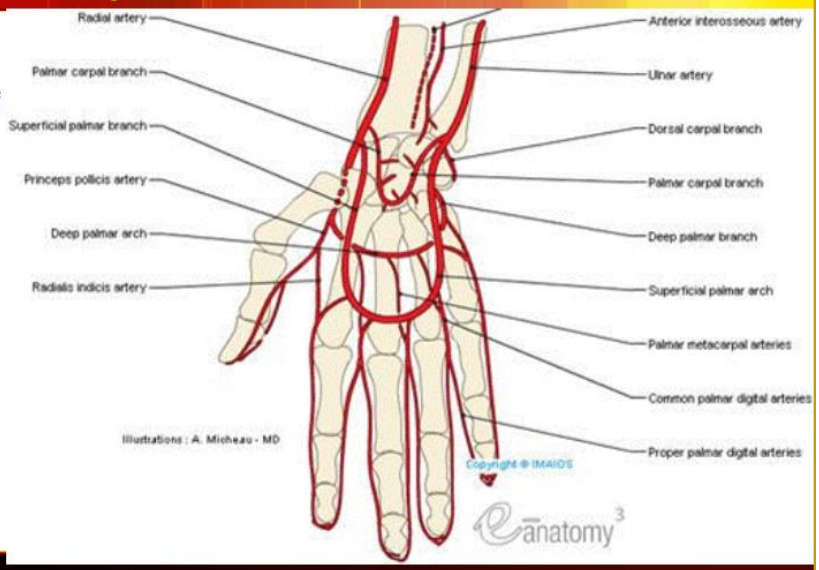
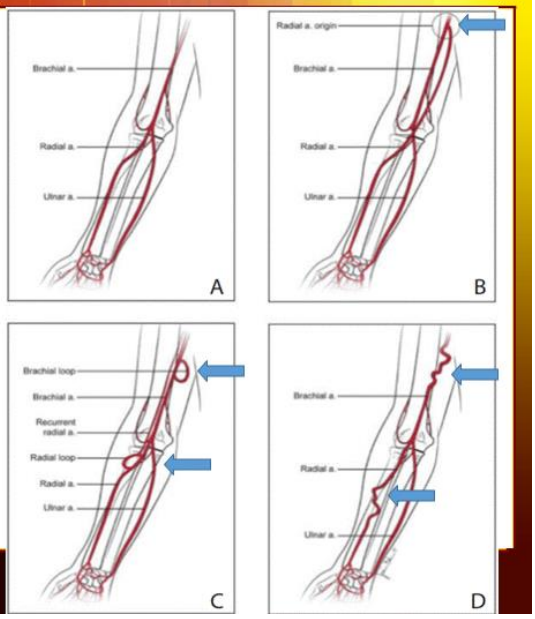


Image purchased from: https://www.imaios.com/en/e-anatomy/upper-limb/upper-extremity?mic=ms-

Anatomical Considerations

Common radial artery anatomic variants

- **Normal (A)**
- **Other variants:**
  - High take-off radial artery **(B)**.
  - Radial and/or brachial loop **(C)**.
  - Vessel tortuosity **(D)**.
- *Consider abnormal variants as possible limitations to radial access which may increase risk of complications.*

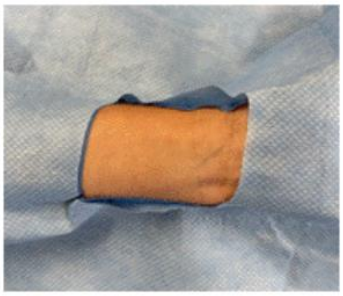


Krishna, H., & Shroff, A. (2018). Ten Common (and Uncommon) Reasons for Unsuccessful Transradial Procedures. [Figure 1]. *Endovascular Today, 17*(11), 50. Retrieved from https://assets.bmctoday.net/evtoday/pdfs/et1118_SF2_Shroff.pdf

Pre-procedural Considerations

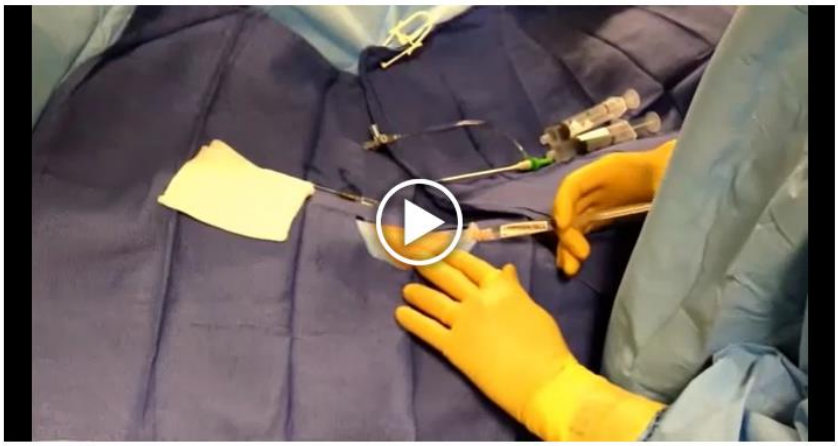
Pre-procedural care includes:

- Assessment ***and*** documentation of the radial pulse bilaterally.
- **Clip the wrist** from the base of the thumb, approximately **15cm** towards the antecubital area.
- **Clip the right groin** (may need to use femoral approach, if radial limitations occur).
- Avoid starting an IV within **9cm** of the wrist area.



Radial Artery: Access Procedure

Radial Access Sheath Insertion



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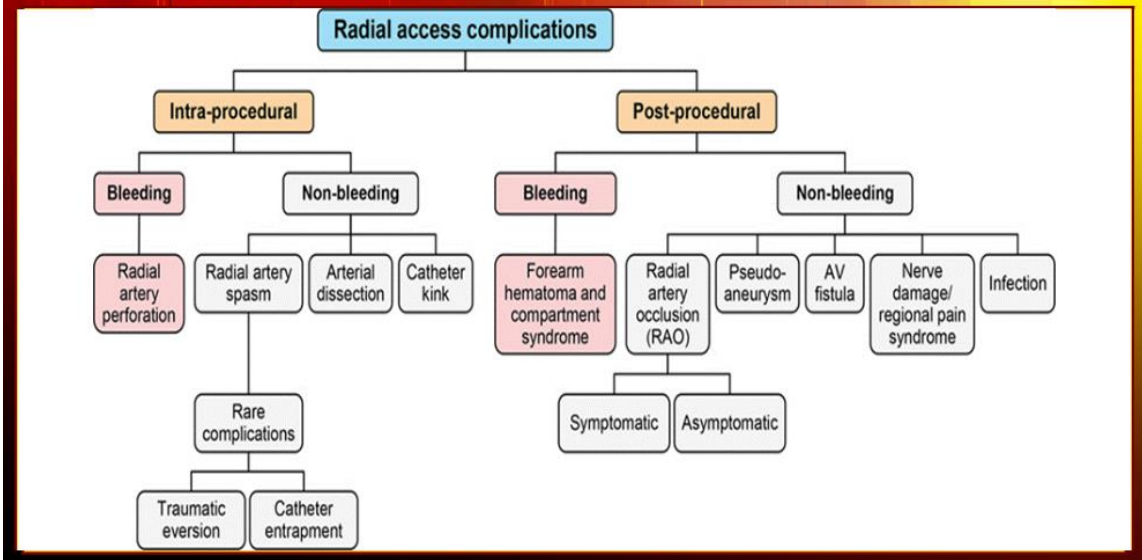
Radial Access Complications



Radial Access Care

The compression device is used to apply direct pressure to the radial artery.

Upon receiving patient, verify the radial band is in the correct position (~2mm above the puncture site).

- **Elevate** the arm on a pillow with the site facing up.
- **Place** the limb-alert wrist band on the affected hand and leave it on for **2 days** post-procedure.
- Place the **Plethysmography/SpO_2** monitor on the ***affected*** hand (index finger or thumb).
  - **Verify patent hemostasis** by occluding the ulnar artery and ensuring blood flow to the hand (plethysmography wave form on monitor).
- **Assess** for signs and symptoms of bleeding, hematoma, pseudo-aneurysm, compartment syndrome, and radial artery occlusion.
- **Control** hypertension.
  - Place the blood pressure (BP) cuff on the ***non-procedural*** arm.
- **Verify** the type of procedure: Diagnostic vs Intervention
  - **Diagnostic procedure:** Remove 1-2cc of air, 1-hour post-procedure.
  - **Intervention (PCI, FFR, IVUS, OCT):** Remove 1-2cc of air, 2-hours post-procedure.
- Do not leave the radial compression band on the patient for an extended period of time.

Post-Procedural Complications: Re-bleed

Re-bleeding at the Access Site and Hematoma

- Bleeding can occur from the radial access site or from a small peripheral side branch of the radial artery.
- Local bleeding or hematomas may occur as a result of improper hemostatic device application, device failure, or vessel perforation.

What to do?

- **Compression of the radial artery**, ***both*** *proximal and distal* to the puncture site must be performed to control both antegrade and retrograde flow from the palmar arch collateral.
- **This can be achieved by** repositioning the hemostatic band or applying manual pressure.
- **If unable to control bleeding** or a growing hematoma at the access site, **occlude the brachial artery**, either manually or with a blood pressure cuff.

Post-Procedural Complications: Hematoma

Forearm Hematoma

- Bleeding may also rarely occur from a site on the radial artery remote from the puncture site. It can **occur from a perforation of a small side branch of the radial artery by a guide wire.**
- **If not controlled urgently** and appropriately, forearm hematomas can lead to the development of **compartment syndrome**. The forearm is anatomically susceptible to an increase in pressure, in case of a blood leak, as it has very little room for expansion.

Forearm Hematoma

What to do?

- Apply pressure to **occlude** the brachial artery by using the BP cuff to compress the brachial artery.
  - **Inflate the BP cuff** to **20mmHg above the systolic pressure.**
  - **Release the BP cuff pressure for 10-15 seconds every 10 minutes** to allow blood flow to the arm.
- **Assess** for pain, paresthesia, pallor, and pulselessness of the hand.
- **Protamine** can be used for Heparin reversal.
- **Control hypertension**, attain pain management, and closely monitor the distal perfusion bed with plethysmography.
- Assess the hematoma every 15 mins. by **measuring it with a measuring tape. Mark the borders with a marker** to check if the hematoma is growing.
- ***Suspect compartment syndrome?*** Consult a vascular surgeon.

Compartment Syndrome

This is a **rare** complication of radial artery catheterization. ***If not identified and treated emergently, it can lead to profound disability or limb loss.***

Compartment syndrome is an EMERGENCY!

Greater than expected **pain** is the earliest and most reliable indicator.

- Escalating pain unrelieved by immobilization and requiring increasing analgesics should illicit high suspicion.

A **swollen and tense** compartment is a direct manifestation of increased pressure.

An **abnormal sensation**, feeling like “pins and needles” and tingling, can be in the arm and hand.

Late indicators

- **Decreased pulses.**
- **Absence of pain** - due to tissue ischemia and necrosis or nerve injury.

Post-Procedural Complications - Pseudoaneurysm

Pseudoaneurysm

- Rarely occurs at the radial artery access site.
- Should be suspected in the presence of ***pulsatile swelling at the access site.***
- **Often painless**; however, some patients can have associated discomfort.
- ***Risk factors****:* systemic anticoagulation, inadequate compression post-procedure, infection, and multiple arterial punctures.

Diagnosis is confirmed by ultrasound.

What to do?

- **Apply pressure** to the brachial artery ***and*** **notify the provider.**
- Management options ordered by provider: compression with a radial hemostasis device, thrombin injection, ultrasound-guided compression, or surgical repair.

Post-Procedural Complications - Radial Artery Occlusion

Radial Artery Occlusion (RAO)

- Occurs in 1-12% of cases.
- **Often asymptomatic** and goes unnoticed.
- **Limits use of the radial artery for:** future cardiac catheterizations, use as a conduit in patients undergoing coronary artery bypass graft surgery, or for creation of an arteriovenous fistula in patients with end-stage renal disease.
- Hand ischemia is rare, but may occur.

Factors Impacting the Risk of RAO

Pre-procedural risk factors
- Elevated creatinine
- Female
- Low body weight
- Diabetes

Intra-procedural risk factors
- Artery to sheath ratio >1
- Vasospasm
- Longer procedure time

Post–procedural risk factors
- Longer compression
- Too much compression limiting blood flow through radial artery

Radial Artery Occlusion Risk Reduction

Factors that decrease the risk of RAO:
- Smaller catheters
- Heparin use during procedure
- Timely sheath removal
- **Patent hemostasis!!!**
- Short duration of compressive device

What is Patent Hemostasis?

Patent hemostasis is the technique of maintaining radial artery flow through guided artery compression during hemostasis.

- After the procedure is completed, the compression band is applied and 15-20cc of air is injected to exhibit pressure on the radial artery puncture site by the Cath Lab.
- The radial sheath is removed and no exterior bleeding should be observed at the arteriotomy (puncture) site.
- This volume of air typically creates radial artery total or partial collapse. At this point, slow balloon deflation (1cc/second) is performed until a small jet of bleeding is observed at the skin puncture site. In order to stop it, a quick insertion of 2cc of air is performed.

Radial Artery Patency (Patent Hemostasis)

Using a pulse oximetry waveform, radial artery patency should be assessed:

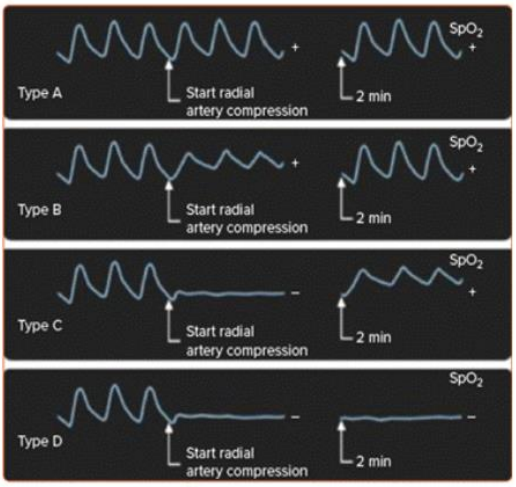
- Immediately after application of the compression device.
- On arrival to recovery room/inpatient unit.
- Whenever there is an increase in amount of air in the compression or adjustments to the compression band.
- After removal of the compression band.
- At the time of discharge.

How to Check Patent Hemostasis

- Patency of the radial artery is checked with a reversed Barbeau's test.
- Place the oximetry pulse detector on the patient's thumb or index finger on the affected hand. With the balloon inflated on the top of the radial artery, **simultaneous manual compression should be applied to collapse the ulnar artery.**
- If the inflated balloon has too much pressure, causing radial artery collapse, **the plethysmography pulse waveform will be flat**; in other words, there is no "flow" pulse/flow reaching the detector. In that case, an additional *1cc should be aspirated* from the balloon with the goal to reestablish flow through the radial artery.

What to Do for No-Flow on Pulse Oximetry

- If **no-flow** is identified, **remove 1-2cc of air** from the band until the flow is restored and patent hemostasis is achieved.
- **If bleeding occurs** and unable to maintain hemostatis, re-check in 15 minutes.
- **If *no-flow is* identified *after the band is removed*, immediately notify the provider.**
- **Document** patent hemostasis in IView.



A,B, and C show patent hemostasis

D indicated no flow

Site Assessment Post-Procedure

Thoroughly assess the radial access site for:

- Bleeding or oozing
- Hematoma formation
- Pain or tenderness
- Bruising/Discoloration

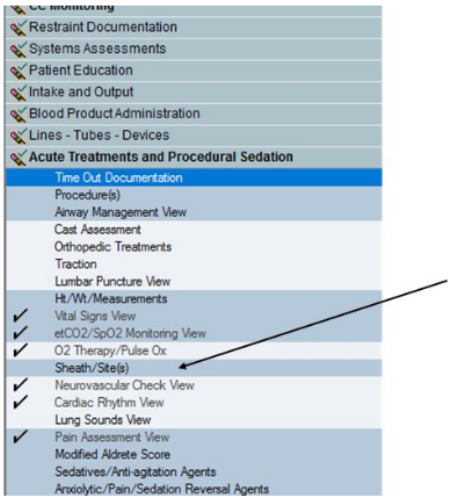
Perform neurovascular checks and document:

- Capillary refill
- Skin temperature and color: Compare with contralateral hand
- Radial and ulnar pulses: Presence, strength, and symmetry
- Sensation and motor function: Assess fingers for movement and any numbness/tingling
- Reversed Barbeau Test post-procedure to ensure collateral circulation

Post-Procedure Site Documentation

- Assess site immediately after arrival from the procedure.
- Verify the time and that the radial compression band was applied.
- Follow provider orders for frequency of site assessment.
- Assess site immediately before and immediately after any activity.
- Document the site assessment in PowerChart.

Sheath/Site Documentation

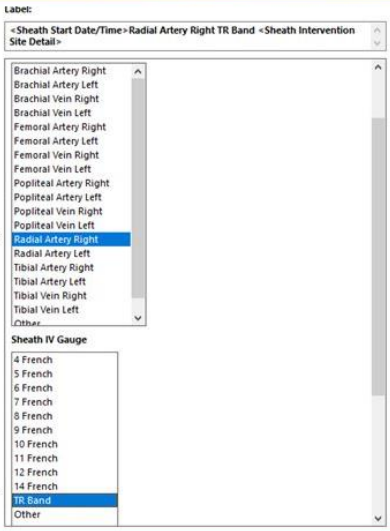


- Document sheath sites and neurovascular status in the Sheath/Site(s) section of the "Acute Treatments and Procedural Sedation" band in iView.

Sheath/Site Documentation (con't)

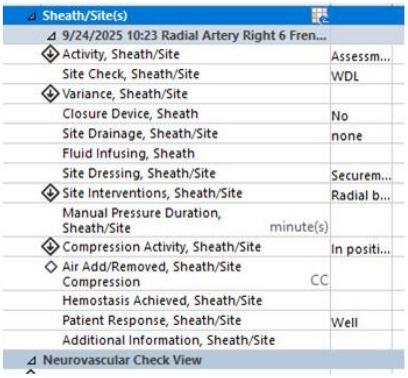
- Add a dynamic group for each site

- Select the correct site and choose "TR band" for a radial site with a band in place



Sheath/Site Documentation (con't)

- Document the assessment including:
  - Site condition
  - Presence of a closure device
  - Compression activity/band
  - Drainage
  - Site interventions
- **NOTE:** A TR band is NOT a closure device.
- With each site assessment, document a neurovascular check of the affected limb.



Summary

- Radial approach is the gold standard of practice in the Cath Lab.
- It allows for early mobilization, increases patient satisfaction, and decreases bleeding complications.
- Nursing interventions include awareness and prevention of complications.
- A rare complication of radial access is compartment syndrome.
- With the increase in radial use, RAO is a potential concern with permanent consequences.
- Patent hemostasis is considered best practice to prevent RAO.

For any questions or concerns, please contact the Cath Lab Clinical Nurse Specialist.

Case Study #1

Patient: John D., 67-year-old male

Procedure: Coronary angiography via right radial artery

Post-procedure orders:

- Radial compression band applied
- Vital signs Q15 minutes X 1 hour, then Q30 minutes X 2 hours
- Assess neurovascular status and site per protocol

Situation:

One hour post-procedure, the nurse notes that the patient's right hand is cooler than the left, and capillary refill is sluggish. The radial pulse is weak but present. The compression band is still inflated at the same pressure as it was post-procedure.

Case Study #1 Questions

Question 1:

What is the nurse's priority action in response to the assessment findings?

- ○ Document findings and continue monitoring
- ○ Notify the provider immediately
- ◉ Deflate the radial band slightly and reassess perfusion
- ○ Apply a warm compress to the affected hand

Question 2:

Which of the following is a critical nursing intervention during the first hour after radial artery procedures?

- ○ Encourage full mobility to prevent stiffness
- ◉ Frequently assess for signs of bleeding and neurovascular compromise
- ○ Apply ice packs to prevent inflammation
- ○ Encourage the patient to flex the wrist to promote circulation

Case Study #2

Patient: Maria L., 58-year-old female

Procedure: Subclavian artery stent via left radial access

Post-procedure orders:

- Radial compression band to be weaned off over 2 hours
- Monitor access site for bleeding, swelling, and hematoma
- Patient instructed to report tingling or numbness

Situation:

90 minutes post-procedure, the nurse begins deflating the radial band as per protocol. As air is released, the patient reports feeling a "warm, wet sensation" at her wrist. On inspection, there is oozing at the site.

Case Study #2 Questions

Question 1:

What is the most appropriate immediate response by the nurse?

- ○ Continue deflating the band
- ◉ Re-inflate the band slightly and apply direct pressure
- ○ Remove the band and apply a gauze dressing
- ○ Notify the provider and document the finding

Question 2:

Which patient complaint would be most concerning during radial band monitoring?

- ◉ "My hand feels cold and numb"
- ○ "This band is tight, but not painful"
- ○ "I feel tired and want to sleep"
- ○ "I'm feeling a little thirsty"

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MUNSON HEALTHCARE

Femoral Post Sheath Removal Care

Magdalena Stewart, DNP, AGPCNP-BC, AGCNS-BC, CCRC

December 2025

Goal and Objectives

Goal

To educate health care providers in the care of the patient femoral post sheath removal.

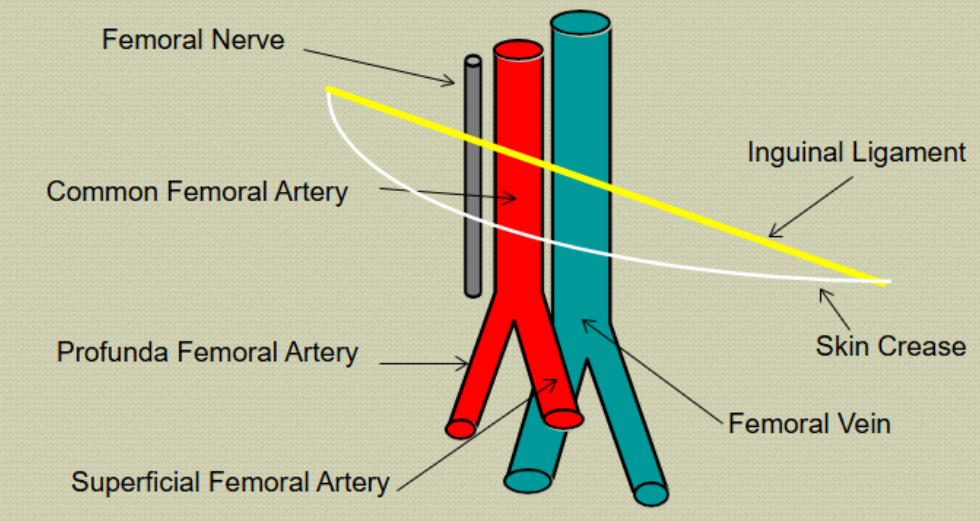
Objectives

1. Identify vascular anatomy.
2. State the process of hemostasis.
3. Define five complications that may occur femoral post sheath removal.
4. Identify potential complications associated with closure/compression devices.
5. State two nursing considerations for identified complications.

Progress

Vascular Anatomy

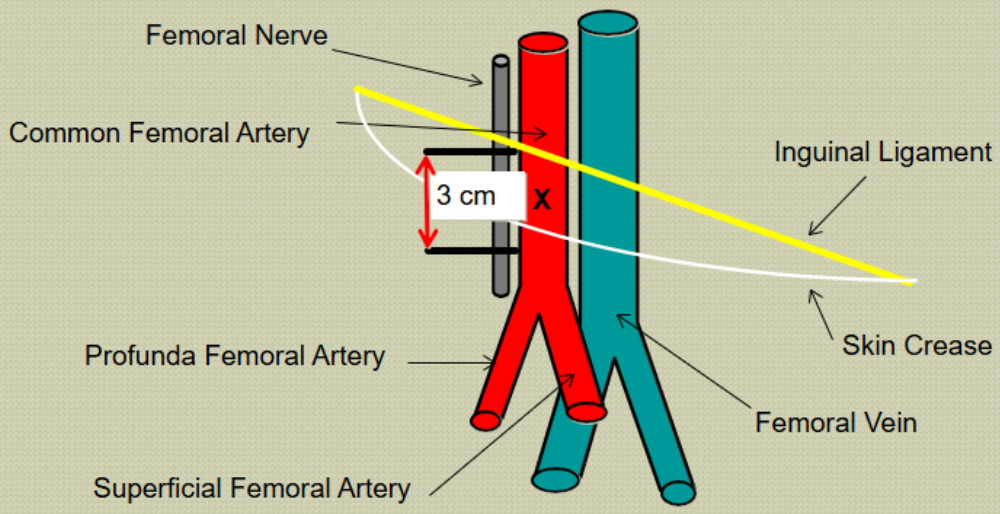
Identify the nerve, artery, vein, and ligament structures in the groin area.



Progress

Vascular Anatomy Relevant to the Sheath Insertion Site

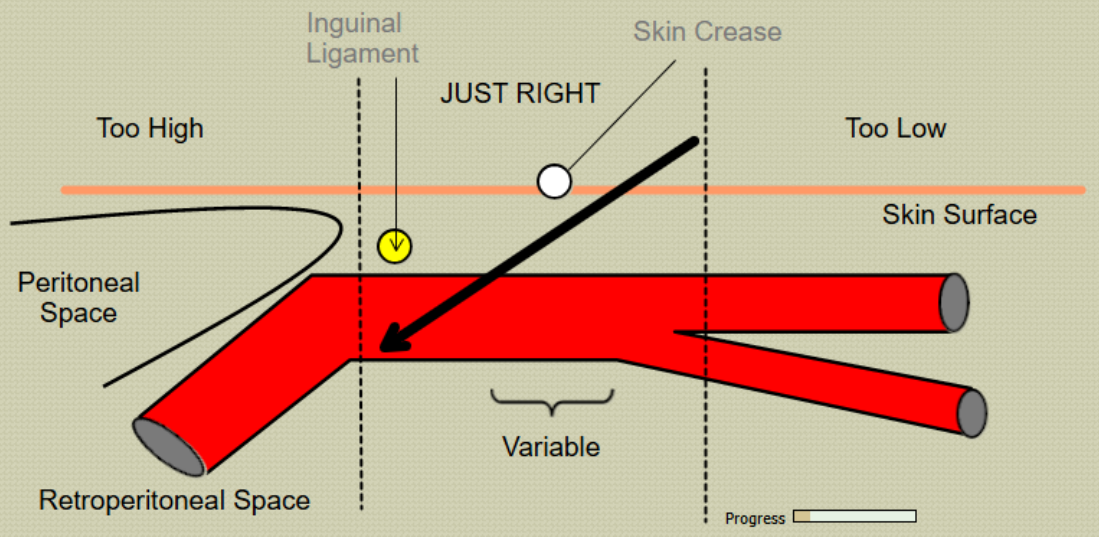
The arterial stick should be placed approximately 3 cm below the inguinal ligament and directly over the femoral artery pulse.



Progress

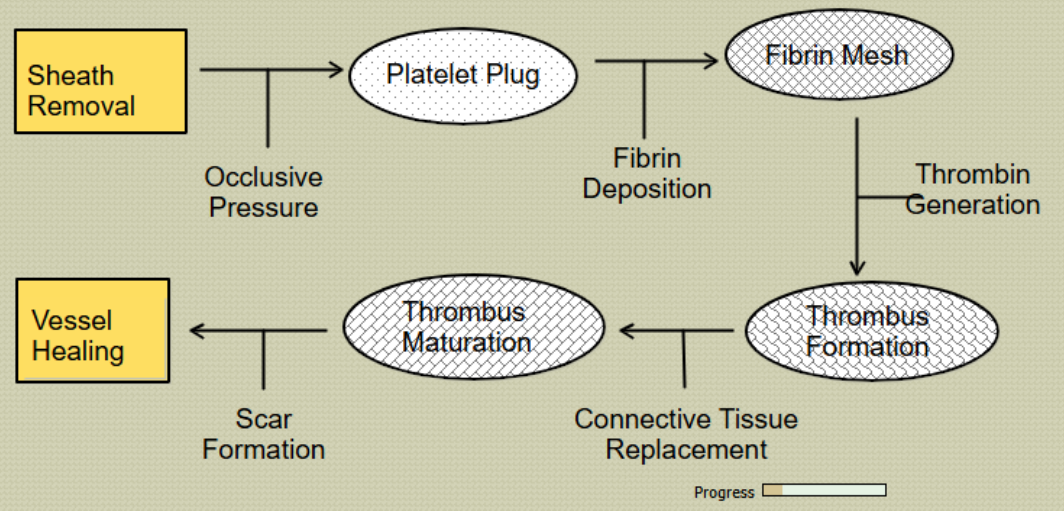
Arterial Puncture

If the arterial puncture is too high or too low, it may result in vascular complications. Review the correct position for puncture below.



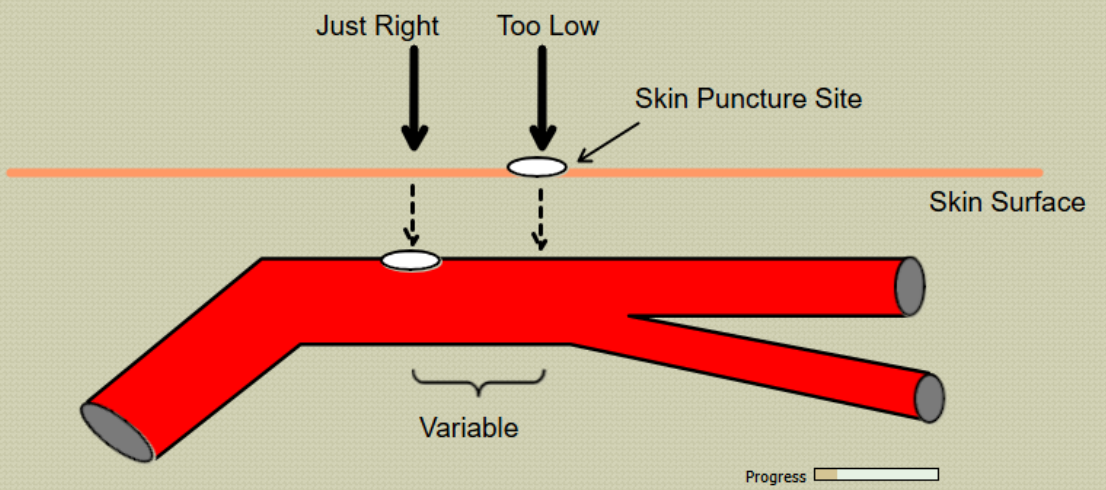
The Hemostasis Process

This is the normal hemostasis process. The process can be disrupted by certain drugs such as heparin and Integrilin.



Hemostasis

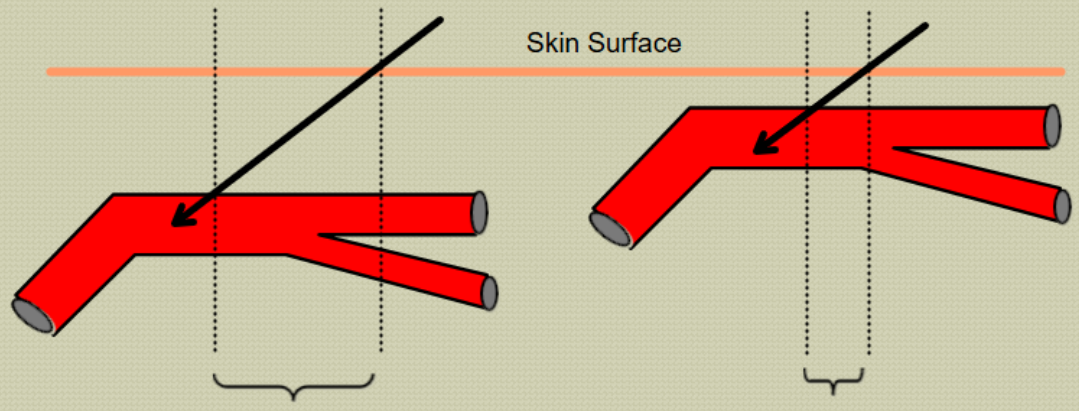
Manual pressure should be applied 2-3 cm above the skin puncture to achieve hemostasis.



Progress

Hemostasis *(cont.)*

Vascular anatomy may be displaced depending on the weight of the patient.



Progress

Post Sheath Pull:
Potential Vascular Complications

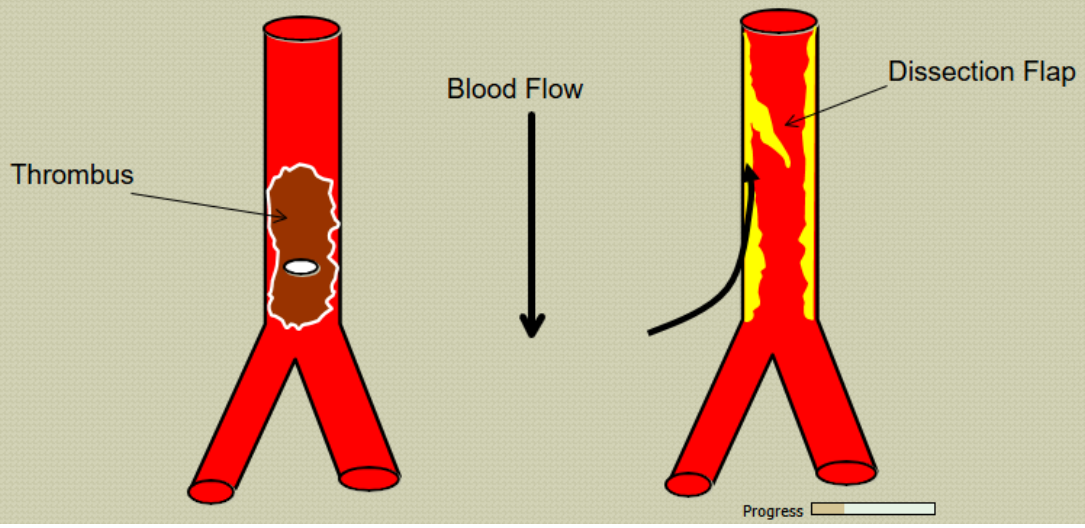
- Vessel thrombosis and dissection
- Bleeding
- Re-bleeding
- Femoral hematoma
- Retroperitoneal hemorrhage
- Pseudoaneurysm
- Arteriovenous fistula
- Atheroembolism

If any of the above complications occur, contact:
Cardiac Cath Lab - 231-935-9578
or the "neuro-on-call" if IR case

Progress

Vascular Complications:
Vessel Thrombosis and Dissection

Blood flow may be inhibited by a thrombus or dissection.



Progress

Vascular Complications: Vessel Thrombosis and Dissection *(cont.)*

Key Points

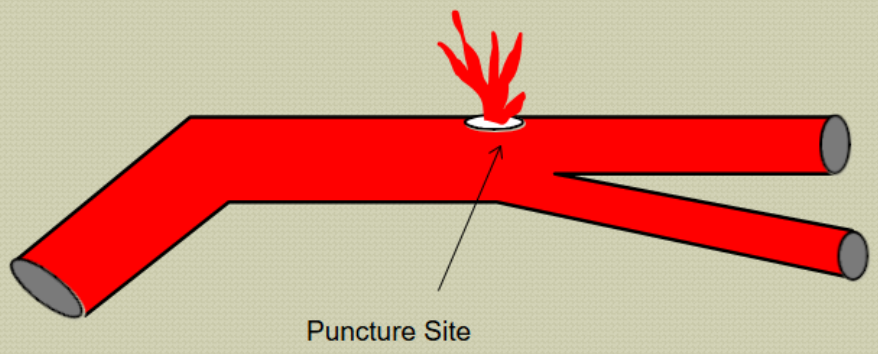
- Femoral artery thrombosis is rare and typically occurs in patients with small arterial lumens. Examples: peripheral vascular disease (PVD), diabetes mellitus (DM), and female gender.
- Dissection usually occurs in the setting of PVD or difficult arterial access.
- Patients commonly complain of leg pain or numbness.
- Physical exam reveals diminished or absent pulses.
- Rapid recognition is critical to avoid irreversible limb ischemia.
- Doppler ultrasound can be diagnostic.
- Urgent revascularization (surgical or percutaneous) is the treatment of choice.

Progress

Vascular Complications: Re-Bleeding

A re-bleed is uncontrolled bleeding from the puncture site.

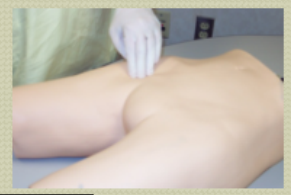
- It is possible for the Hematocrit to drop by ≥ 10% and the hemoglobin to drop by ≥ 3 g/dL.
- The patient may require a transfusion.



Progress

Nursing Considerations: Re-Bleeding

- Assess distal pulse prior to compression.
- Apply gloves and palpate artery just superior to puncture site.
- **Apply manual pressure above the site for a minimum of 20 minutes. No peeking!**
- Compression should be forceful enough to prevent bleeding, oozing, and hematoma formation.
- Delegate someone to call the cardiology provider.
- After bleeding stops, assess for hematoma.
- After hemostasis, restart bed rest and site checks per protocol.
- Document in a Focus Note in PowerChart.
- Assess distal pulses.
- Check Hgb/Hct, if indicated.

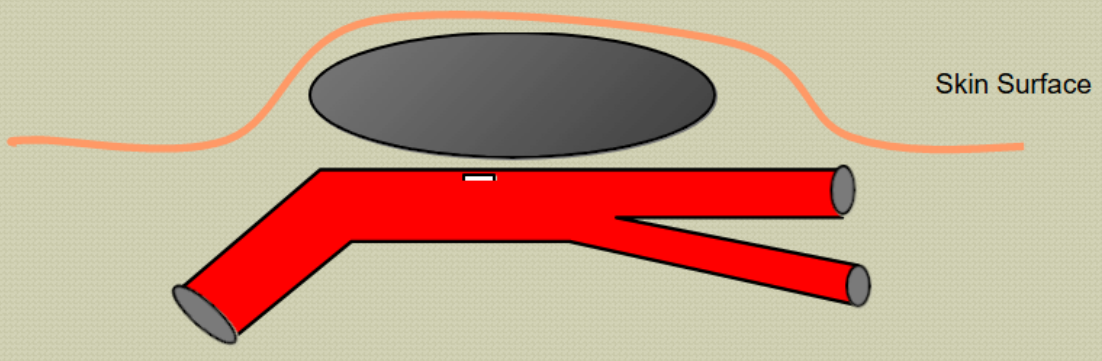


Progress

Vascular Complications: Hematoma

A hematoma is a collection of blood in the soft tissues of the upper thigh causing a tender mass of variable size.

- It is possible for the Hematocrit to drop by ≥ 10% and the hemoglobin to drop by ≥ 3 g/dL.
- The patient may require a transfusion.



Progress

Vascular Complications: Hematoma *(cont.)*

Risk Factors:

- Female gender
- Low platelet count
- Operator technique - inaccurate puncture of common femoral artery; number of arterial punctures
- Anticoagulation and/or platelet inhibitors
- Sheath size
- Delayed sheath pull
- Sheath pull technique
- Noncompliant patient or patient unable to comply with bed rest protocol

Progress

Vascular Complications: Hematoma *(cont.)*

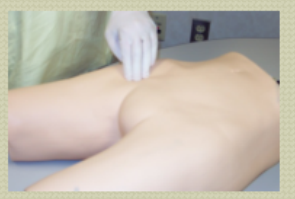
Key Points:

- Hematomas can occur at any time before or after sheath removal.
- Measure (by palpation or imaging) and document the maximal dimension of the hematoma in centimeters.
- Immediate treatment includes correct manual compression. Do not “mash on” or massage the hematoma as this can cause damage to the vessel.
- Serial Hgb measurements and blood transfusions as needed. These are the treatments of choice.
- 1 - 2 weeks is required to reabsorb the hematoma and the patient should be warned about normal changes in the hematoma’s appearance.
- Femoral nerve compression can occur from large hematomas.
- Surgical drainage is rarely needed.
- **Deaths do occur from hematomas - they must be respected.**

Progress

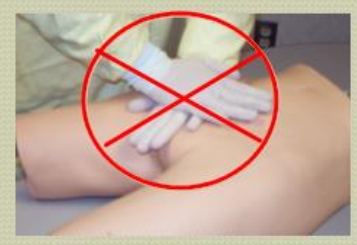
Nursing Considerations: Hematoma

- Assess distal pulse prior to compression.
- Apply gloves and palpate artery just superior to puncture site.
- **Apply manual pressure above the site for minimum of 20 minutes. No peeking!**
- Compression should be forceful enough to prevent increased hematoma formation, while maintaining distal pulses.
- Delegate someone to call the cardiology provider.
- Mark site: measure in centimeters.
- In PowerChart, document both a Focus Note and the hematoma size in Iview.
- Check Hgb/Hct, if indicated.



Progress

Nursing Considerations: Manual Compression Technique



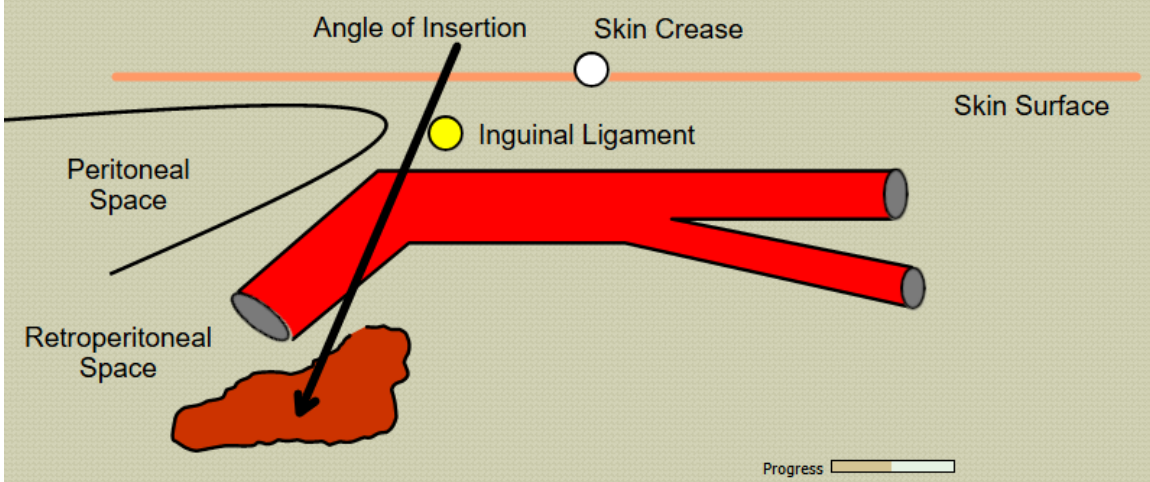
Wrong Techniques

Correct Technique

Progress

Vascular Complications: Retroperitoneal Hemorrhage

A retroperitoneal hemorrhage is a hematoma extending into the retroperitoneal space that usually occurs from arterial puncture above the inguinal ligament.



Progress

Vascular Complications: Retroperitoneal Hemorrhage *(cont.)*

Risk Factors:

- Female gender
- Low platelet count
- Improper operator technique: a “high” stick above the inguinal ligament or a puncture through the back wall of the artery
- Anticoagulation and platelet inhibitors
- Sheath size
- Delayed sheath removal

Progress

Vascular Complications: Retroperitoneal Hemorrhage *(cont.)*

Key Points:

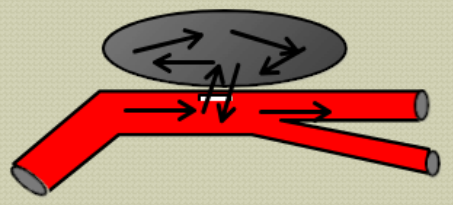
- This type of bleeding is not evident from the surface.
- Symptoms include hypotension, abdominal pain, and ipsilateral flank pain.
- Physical exam may reveal a palpable mass with discoloration over the flank or abdomen.
- Marked anemia can occur from blood loss.
- **This is a life-threatening situation!**
- CT scanning is the diagnostic test of choice.
- Treatment usually involves stopping anticoagulants, bed rest, and blood transfusion.

Progress

Vascular Complications: Pseudoaneurysm

A pseudoaneurysm is an interruption of the artery wall from the femoral artery puncture that does not thrombose when arterial sheaths are removed. This interruption in the arterial wall, caused by the original puncture, allows blood to jet back and forth from the bloodstream to the pouch. The aneurysm is termed "false." It does not involve any layers of the vessel wall as found with a true aneurysm.

"False" aneurysms can be masked by a hematoma and may rupture at any time. They continue to expand because they lack elastic fibers.



Progress

Vascular Complications: Pseudoaneurysm *(cont.)*

Risk Factors:

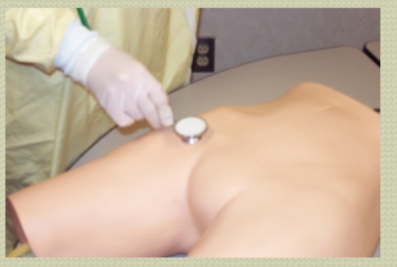
- Anticoagulation and platelet inhibitors.
- Obesity - causes difficulty in maintaining direct pressure.
- Advanced age - causes loss of tissue elasticity.
- Atherosclerotic occlusive disease.
- Increased sheath size - creates larger vascular interruption.
- Improper operator technique.
- Thrombolytic therapy - interrupts previously achieved hemostasis.
- Infection - impairs healing at the site of hemostasis.

Progress

Vascular Complications: Pseudoaneurysm *(cont.)*

Key Points:

- Physical exam reveals a pulsatile mass with a bruit auscultated superior to the puncture site. Bruits are heard when an artery is partially obstructed causing turbulent blood flow.
- Listen for bruits with the bell of the stethoscope held lightly against the skin.



Progress

Vascular Complications: Pseudoaneurysm *(cont.)*

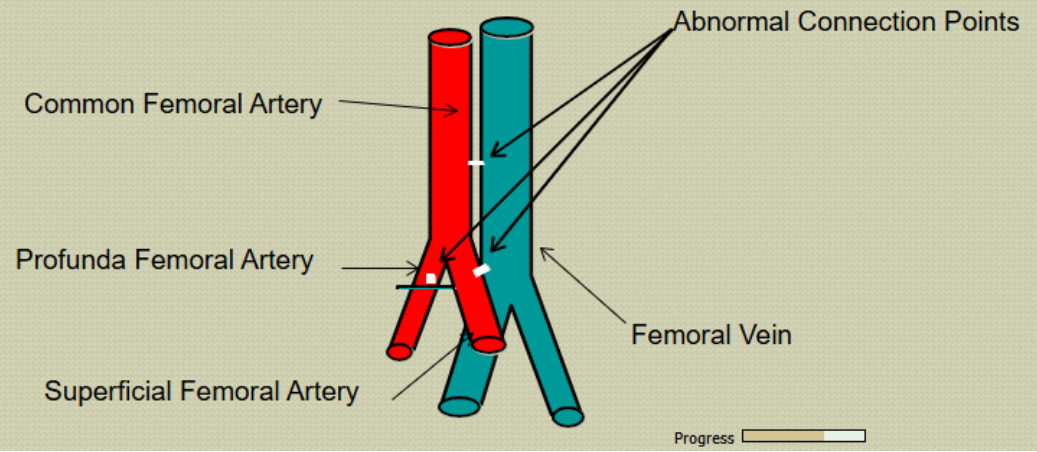
Key Points:

- Duplex ultrasound scanning allows a measure of size as well as distinction from intravenous fistula.
- There is a risk of enlargement and ultimate rupture if not detected and treated.
- Pseudoaneurysms smaller than 3 cm tend to close spontaneously or with compression.
- Those larger than 3 cm require alternative methods:
  - Ultrasound guided compression
  - Thrombin injection
  - Surgical repair

Progress

Vascular Complications: Arteriovenous Fistula

An arteriovenous fistula is an abnormal connection between an artery and a vein which forms when ongoing bleeding from the arterial puncture site decompresses into an adjacent venous structure.



Progress

Vascular Complications: Arteriovenous Fistula *(cont.)*

Risk Factors:

- Anticoagulation and platelet inhibitors.
- Female gender.
- Obesity - causes difficulty in maintaining direct pressure.
- Advanced age - causes loss of tissue elasticity.
- Atherosclerotic occlusive disease.
- Increased sheath size - creates larger vascular interruption.
- Improper operator technique.
- Poor sheath pull technique.
- Thrombolytic therapy - interrupts previously achieved hemostasis.
- Infection - impairs healing at the site of hemostasis.

Progress

Vascular Complications: Arteriovenous Fistula *(cont.)*

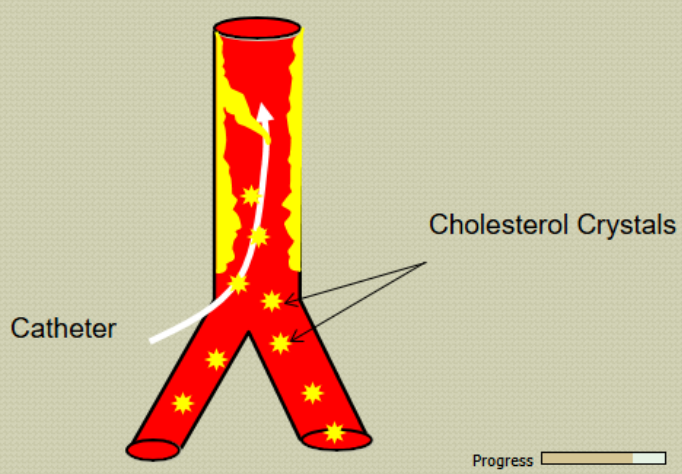
Key Points:

- AV fistulas may not present for days.
- Physical exam reveals a to-and-fro murmur or continuous bruit.
- AV fistulas tend to enlarge with time.
- If they do not close spontaneously after 2 - 4 weeks, surgical repair is indicated.

Progress

Vascular Complications: Atheroembolism

- The release of cholesterol crystals and other microscopic debris from the aorta after catheter manipulation results in mechanical trauma to friable atheromatous plaques.
- Distal embolization may occur to the lower extremities and abdominal viscera.



Progress

Vascular Complications: Atheroembolism *(cont.)*

Key Points:

- Physical exam may reveal a cyanotic foot in the case of microemboli and signs of limb ischemia in the case of macroemboli.
- Renal failure can occur if the renal arterial bed is involved.
- Distal gangrene and death can occur, in extreme cases.
- The onset is often insidious and can take days to months to become evident.
- Management is variable depending on the severity.

Progress

Compression and Closure Devices

Compression of an artery and the use of closure devices must be deployed correctly and appropriately to decrease the risks of vascular complications. You may need to perform manual pressure or utilize a Femostop if the patient re-bleeds.

Compression options:
- Manual pressure
- Femostop

Closure devices:
- Angioseal
- Perclose
- Vascade

Femostop

Note: Femostops should not be used on patients with peripheral vascular disease.

Progress

Compression and Closure Devices *(cont.)*

Key Points:

- Multiple studies have shown that the lowest complication rates occur with correctly applied manual pressure.
- Incorrect application of compression devices is a common error in post sheath removal care.
- Bleeding, despite a compression device (Femostop), mandates removal of the device and manual control of the hemorrhage.
- Closure devices are not a substitute for close observation and have their own set of possible complications.
- If a closure device fails, manual control of the hemorrhage is needed.

Progress

Nursing Considerations: Femoral Post Sheath Removal

- Post procedure checks per protocol (every 15 min x 4, every 30 min x 4, every 1 hour until stable, then prn).
- Document post procedure checks in IView.
- Per Interventional Order Set:
  - Bed rest and activity guidelines
  - PRN medications for back pain or discomfort
  - IV fluid discontinuation or restart
  - Ambulate at least 1 hour prior to discharge
- Patient education on re-bleeding and groin care.
- When receiving the patient, always check the site together with the recovery nurse before he/she leaves the room.

Progress

Nursing Considerations: Hypotension

Systolic BP < 90 mmHg:

- Increase IV fluids: Give 250 ml 0.9 NS bolus and call cardiologist for further orders.
- Give 0.5 mg – 1 mg Atropine IVP if suspect cause is due to vasovagal stimulation.
- Call cardiology provider if hypotension does not resolve quickly.
- Assess for signs of retroperitoneal bleeding (i.e., flank pain, increased heart rate, decreased blood pressure).
- Assess for signs of a pseudoaneurysm (i.e., auscultated bruit).

Progress

Nursing Considerations: Bradycardia Due to Vasovagal Stimulation

- Give 0.5 mg – 1 mg Atropine IVP.
- Treat cause of vasovagal response (i.e., anti-emetics for nausea/vomiting).
- Increase IV fluids for associated hypotension.
- Call cardiology provider if bradycardia does not resolve quickly or if ACLS treatment is required.
- Assess hand/Femostop positioning and adjust.

Progress

Nursing Considerations: Loss of Pedal Pulses

- Assess affected limb for pain, coolness, or mottling.
- Attempt to find pulse with a Doppler.
- Adjust amount of pressure to obtain a balance between hemostasis and adequate pulses.
- Call cardiology provider.

Progress

Patient Education: Femoral Post Procedure Instructions

- Can elevate HOB 30 degrees 1 hour post procedure. May log roll patient to affected side in 1 hour.
- Vital signs/groin assessment checks - every 15 minutes x 4, then every 30 minutes x 4, then every 1 hour until stable, and prn.
- Notify RN of any pain, change in sensation, warmth, or bleeding at the groin site.
- Notify RN of any signs and symptoms of angina: chest discomfort; jaw, neck, arm, or shoulder pain; shortness of breath; sweating; nausea; dizziness or lightheadedness.

Progress

Patient Education: Femoral Post Procedure Instructions *(cont.)*

- The RN may administer an anti-emetic agent to prevent vomiting which causes unnecessary strain at the groin site.
- Refrain from activities that will cause strain to the groin site; for example, do not lift head, raise up on elbows, or bend knees when repositioning.

Progress

References

American College of Cardiology Foundation. (2008). CathPCI Registry, NCDR CathPCI Registry v. 4.3.1. Coder's Data Dictionary. pp. 76-78.

Munson Medical Center Procedures. (2024). Arterial and venous sheath removal. Lippincott Procedures.

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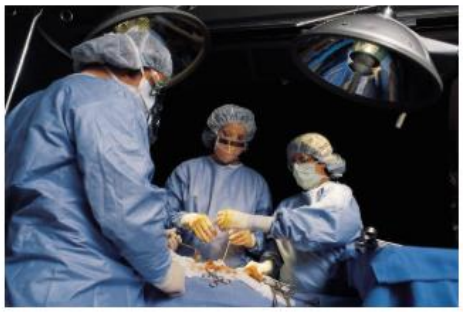
Munson Medical Center Procedures. (2024). Left heart catheterization post procedure care. Lippincott Procedures.

Munson Medical Center PolicyStat. (2023). Arterial/Venous Sheath Management.

Progress

Preparing A Patient For Surgery



Molly Gallagher, BSN, RN, CAPA
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October 2025

MUNSON HEALTHCARE

Goal and Objectives

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Goal:

This course provides information on the Preprocedure checklist and provides rationale on inpatient preparation for surgery or a procedure.

Objectives:

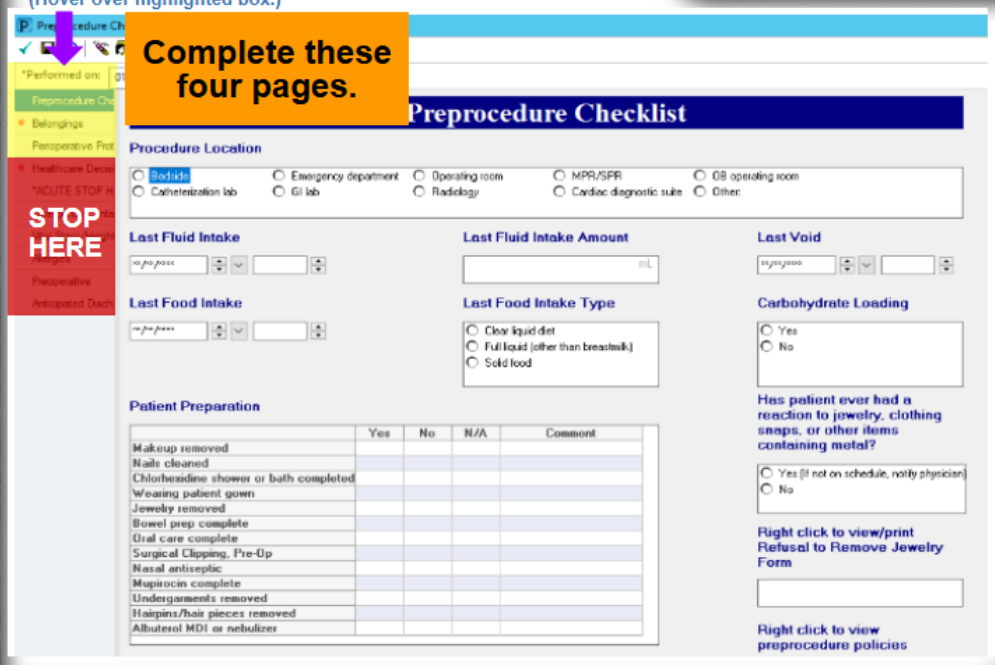
1. Accurately complete the Preprocedure checklist for a patient going to the Operating Room (OR), Medical Procedure Room (MPR), or Interventional Radiology (IR).
2. Correctly perform the pre-surgical hygiene elements when preparing a patient for surgery or a procedure.
3. Explain the importance of the Beta Blocker regimen during the peri-operative period.

Preprocedure Checklist

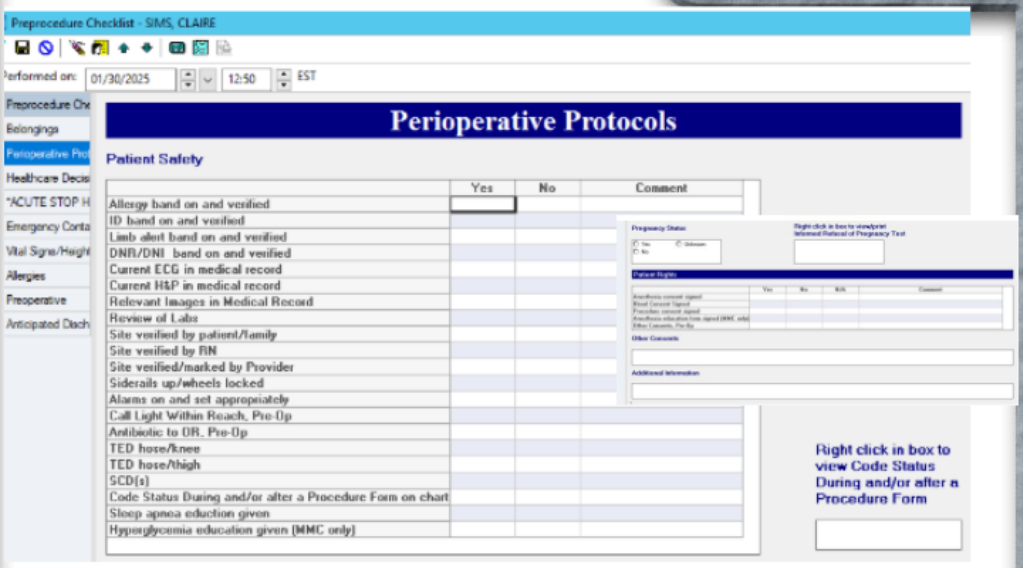
- Begin the Preprocedure checklist as soon as you know the patient is going to surgery - ideally the day before surgery.
- Must be completed for every patient going to the OR, MPR, or IR for surgery or procedure.
- With the patient's chart open, click AdHoc.
- Select preprocedure checklist.
- The acute care nurse will complete the first 4 pages of the powerform.

Preprocedure Checklist *(cont.)*

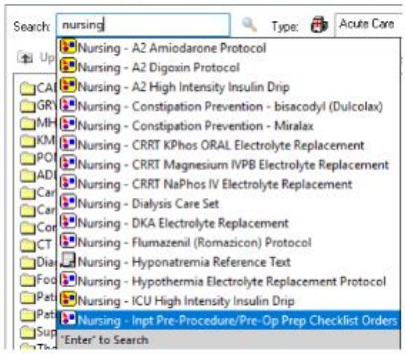
(Hover over highlighted box.)

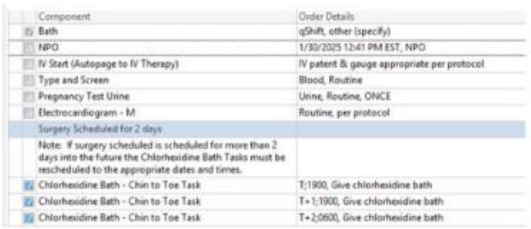


Preprocedure Checklist *(cont.)*



Nursing - Careset Orders

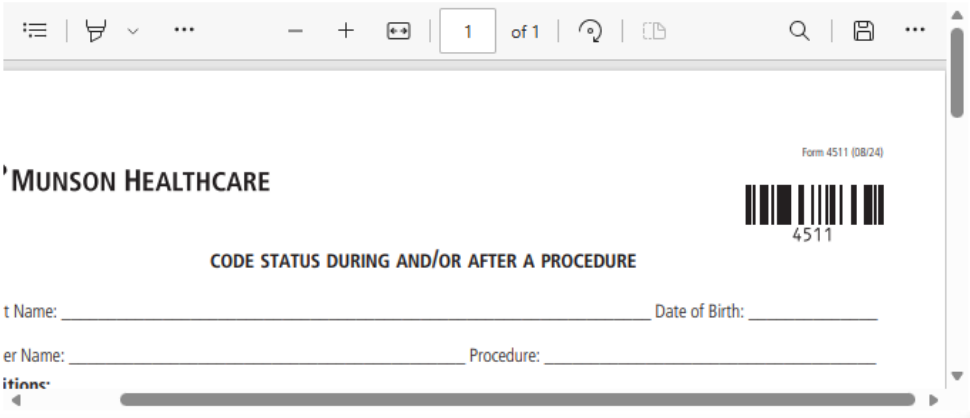




- Order your careset for Nursing - Inpt Preprocedure/Pre-Op Prep Checklist. Enter the careset as a 'Nurse per Protocol' (exception for patients scheduled in Maternity OR).
- Adjust the dates of CHG baths and nasal decolonization to correlate with day of surgery.
- Everything you do to help prepare the patient prior to their arrival in pre-op benefits the patient and prevents delays in surgery start times.

Treatment Decision Form

- Check code status in PowerChart.
- If the patient is anything except a full code, print a Treatment Decision Form (form #4511) and page the surgeon to complete it.
- Patients going to the operating room **do not** automatically become full codes. A Treatment Decision Form must be completed prior to surgery and will include a date/time to resume patient's preprocedure code status.



History and Physical (H&P)

- For all surgical or invasive procedures involving anesthesia or sedation, a valid H&P must be on the patient chart prior to start of the procedure. A valid H&P must have been completed within 30 days (not 31 or more days prior to admission or procedure).
- The surgeon must document in the patient's electronic record (H&P, consult, or progress note) the planned course of action and applicable side of the procedure, if warranted.
  - Writing an order is NOT acceptable as the surgical plan.
- In emergency cases, where completion of an H&P is not feasible, the surgeon should make a notation of relevant history and physical findings in the patients progress notes, if time allows.

Informed Consent

- Informed consent is a process of communication between a provider and patient to reach an agreement or permission to perform a procedure. The patient (or designee) signature on the form confirms that a provider has:
  - Reviewed the procedure.
  - Discussed the risks, benefits, or alternatives.
  - Answered all the patient or designee questions.
- The informed consent process could occur on the inpatient floor or at the site of the procedure.
- The patient and the provider performing the procedure will both sign the form (#0303) "Confirmation of Informed Consent for Procedure" (often referred to as CIC) ideally at the time of the informed consent discussion. The form must be signed prior to performing an invasive procedure.
- The signature of the provider performing the procedure **is required** on the form confirming the informed consent process has been completed.
- Consents are valid for 90 days.

Confirmation of Informed Consent for Procedure

MUNSON HEALTHCARE

Form 0303 (03/10/23) Page 1 of 2

0303

CONFIRMATION OF INFORMED CONSENT FOR PROCEDURE

You are receiving health care at a facility that is part of Munson Healthcare.
Munson Healthcare includes the following:

☐ Kalkaska Memorial Health Center	☐ Munson Healthcare Grayling Hospital	☐ Munson Home Health
☐ Munson Healthcare Cadillac Hospital	☐ Munson Healthcare Manistee Hospital	☐ Munson Medical Center
☐ Munson Healthcare Charlevoix Hospital	☐ Munson Healthcare Otsego Memorial Hospital	☐ Paul Oliver Memorial Hospital

You have the right, as a patient, to be informed about your condition and the recommended surgical, medical, or diagnostic procedure to be performed, so that you may make a decision to undergo the procedure with knowledge of the risks, benefits and alternatives. This disclosure of possible risks is not meant to scare or alarm you; it is simply an effort to make you better informed so you can give, or withhold, your consent for the proposed procedure.

The procedure, treatment, or therapy (Procedure) is:

I consent to the performance of the procedure named above, by _____
Physician/Provider Name

I know that my provider may ask other healthcare providers to help with the Procedure, which may include other physicians, or other appropriate providers, and my provider has specifically identified any other providers who are likely to assist and/or perform important aspects of the Procedure. I understand that resident physicians, healthcare professionals, and healthcare students may be present to

Informed Consent Process - Nurse's Responsibility

The nurse serves an important role in the process to optimize patient care and workflow.

- Review the provider's order and electronic record for the planned operative procedure.
- The RN may enter the procedure on the consent form using no abbreviations, or if available, use the procedure-specific consent form.
  - If needed, clarify any abbreviations, illegible or unusual order, and any discrepancies with the provider performing the procedure.
- Confirm the performing provider and patient have both signed, dated, and timed the CIC.
  - If the informed consent discussion occurred with the provider, but the provider did not have the patient sign the form at the time of the discussion, **nursing personnel may facilitate signature of the patient or the designee ONLY in situations where the patient or designee has no questions.**
  - Confirm the form is placed in the patient's chart and travels with the patient to the procedural area. If there is no provider or patient signature, inform the pre-procedure staff during hand-off communication.
  - The form may be sent to preop holding with only the patient's signature.

Checklist Components

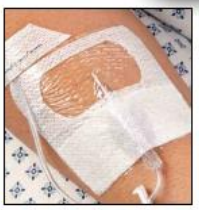



Lab Tests

- Check all current lab values and report any abnormal findings to the surgeon.
- Obtain a urine pregnancy test (per Pre and Post Surgical/Procedural Adult Protocols) on all females between menarche and menopause. Women who have had tubal ligation still need a pregnancy test. Women who have had hysterectomies do not.
- Notify the pre-op RN of abnormal lab findings during handoff report.

Checklist Components






ECG Prior to Surgery?

When:

- There needs to be a normal ECG on the chart from the last year, **or** the last 6 months if the last ECG was abnormal and patient is stable.
- If using a paper ECG from another facility, it needs to be verified and signed.

Who:

- Any patient with a history of a previous MI, angina, arrhythmia, renal failure, medication-dependent diabetes, or CVA.
- Any patient 45 years or older with a history of hypertension or history of ≥ one pack per day smoker.
- All patients 45 years or older having major vascular, intra-abdominal, thoracic, neurological, or orthopedic surgery.

Checklist Components




IV Access

- Ensure a patent large bore IV. Refer to Pre and Post Surgical/Procedural Adult Protocols for catheter size required based on the type of surgery.
- If the patient has Heparin infusing, follow the physician orders regarding continuation/discontinuation.
- Discuss with the pre-op RN during handoff report if the patient's IV infusions should be discontinued prior to sending the patient to the peri-operative area.

Checklist Components



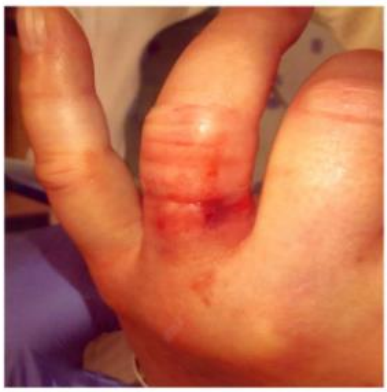

NPO

- NPO except clear liquids and medications after midnight.
- Stop clear liquids 4 hours before scheduled surgery time.
- If the surgeon's NPO orders conflict with the Pre-Procedure Nothing By Mouth Policy, page the anesthesiologist for clarification.
- Sips of water with meds are ok.

Pre-Surgical Hygiene

Prior to the pre-surgical bathing:

- **Remove all body jewelry** (including wedding bands).
- Remove hair clips, pins, rubber bands, etc.
- Remove body piercings.
- Remove makeup and nail polish.



Patient who did not remove ring prior to going into OR.

Pre-Surgical Hygiene *(cont.)*

The patient should have a total of three (3) chlorhexidine gluconate (CHG) baths **if required:**

- Two nights before surgery
- The night before surgery
- The morning of surgery

Example: If the patient's surgery is on Tuesday, bathe with CHG on Sunday night, Monday night, and Tuesday morning.

What if the patient is admitted the night before surgery?

You must ensure two (2) CHG baths are completed:

- The night the patient was admitted
- The morning of surgery

How to Give a CHG Bath

- Wash the entire body (from neck down) with CHG.
  - Cleanse groin area (avoid CHG on mucous membranes).
- Avoid scrubbing the skin too hard with CHG.
- Do **not** use regular soap after the CHG.
- Do **not** rinse the CHG off of the skin.
- Place the patient in a clean gown after the CHG bath (all clothing, including underwear, should be removed).
- Place clean linens on the bed after the CHG bath.

Pre-Surgical Hygiene *(cont.)*

Two nights before surgery:

- Give a soap and water bath ***prior*** to the first CHG prep bath.
- Shampoo hair with regular shampoo.
- Wash face with regular soap/cleanser.
- After the soap and water bath, give the first CHG bath, using either the wipes or the liquid.

The night before surgery:

- Wash face with regular soap or cleanser.
- Give the second CHG bath in the same manner as the previous night.
- Brush teeth and use mouth rinse.

Day of Surgery Preparation

- Use the Preprocedure checklist.
- Complete the 3rd CHG (last) bath. Place a clean hospital gown on the patient.
  - Clean under finger nails.
  - Confirm oral care is completed.
  - Encourage the patient to void prior to sending to pre-op.
    - Bathroom availability is limited in pre-op.
  - Remove the patient's underwear.
  - Inform the pre-op RN when medication patches are left on the patient.
- Complete nasal decolonization, if required.
- Document vital signs prior to transfer.
  - Report abnormal findings to the pre-op RN.
- Send the patient with dentures, glasses, and hearing aids.
- Call hand-off report to the pre-op RN.

Obstructive Sleep Apnea

- Communicate with the pre-op RN if your patient uses a CPAP or BiPAP and discuss if the device should be sent with the patient to the perioperative area.
- Ensure settings are documented, so that the machine can be used accurately postoperatively.

Antibiotics

- The surgeon or a covering physician shall write specific orders for all patients requiring prophylactic pre-operative antibiotics.
- Confirm an order for preoperative antibiotics is placed in PowerChart by the surgeon or covering provider.
  - Pre-op antibiotics should be administered by the pre-op nurse or anesthesia provider to ensure they are administered within one hour prior to the incision window.
- If the patient is on oral antibiotics, give prior to the patient going to pre-op.
- Ensure **scheduled antibiotics** are given as ordered.
- If a scheduled antibiotic is due during the perioperative period, please send it to OR with the patient.

Beta Blockers

Patients on a beta blocker at home should receive their beta blocker during the perioperative period (24 hours prior to surgery through discharge from PACU).

- Stress associated with surgery increases heart rate, myocardial contractility, and myocardial oxygen demand, putting the patient at risk for an acute myocardial infarction (AMI).
- Beta blockers offer cardioprotection for patients with a history of MI and hypertension. They diminish the effects of epinephrine and other stress hormones.
- An MI during surgery results in a nine-fold increase in unstable angina, MI, and cardiac death in the post-op period.
- If the patient's heart rate is greater than 50 and the systolic blood pressure is greater than 100, administer and document beta blocker in PowerChart.
- If held or stopped for a specific reason, it must be documented. This also applies to the perioperative period. Communicate this to the pre-op RN during handoff.
- NPO does **not** mean the patient should not receive their beta blocker. If in doubt, clarify with the surgeon and document who ordered the hold and why it is being held.

Miscellaneous Medications

Aspirin (ASA)

If the patient has a cardiac stent and takes a daily 81mg dose of ASA at home, they must have their ASA dose within 24 hours of surgery start time. There are rare instances where the bleeding risk outweighs the benefits and a surgeon may order the ASA be held.

- If the patient is having a neurosurgery procedure, confirm with surgeon prior to administering aspirin.

Anticoagulants/Anti-platelet medications

- Most anticoagulants will need to be held for invasive procedures/surgery.
- Verify the surgeon's order if anticoagulants are to be held or continued. If no order is present addressing the patient's anticoagulation status, page the performing provider.

Other medications

Medications such as anti-seizure, Parkinsons, anti-rejection, and chronic pain, should be continued, if ordered.

Please call pre-op holding and ask to speak with the charge nurse if you are unsure about giving a medication.

References

Munson Medical Center Policies and Procedures

- Surgical Antibiotic Prophylaxis
- Pre-Procedure Nothing by Mouth Policy
- Ensuring H&Ps are Present Before Surgery/Invasive Procedure
- Skin Preparation of the Surgical Patient
- Jewelry Removal Prior to Surgery
- Pre and Post Surgical/Procedural Adult Protocols
- Plan of Care – Nursing Process in the OR
- Inpatient Pre-Procedure/Pre-Op Checklist and Patient Preparation

Munson Healthcare Policies and Procedures

- Informed Consent - Diagnostic or Therapeutic Procedures and Treatments

MUNSON HEALTHCARE

Overview of Procedural Sedation

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October 2023

Goal and Objective

Goal

This course will ensure standardized practice for delivering sedation/analgesia during diagnostic and therapeutic procedures performed outside of the operating room, according to MHC policy. The ultimate outcome is to provide for the safety of our patients during sedation.

Objective

After completing this course, the participant will be able to identify the four levels of sedation.

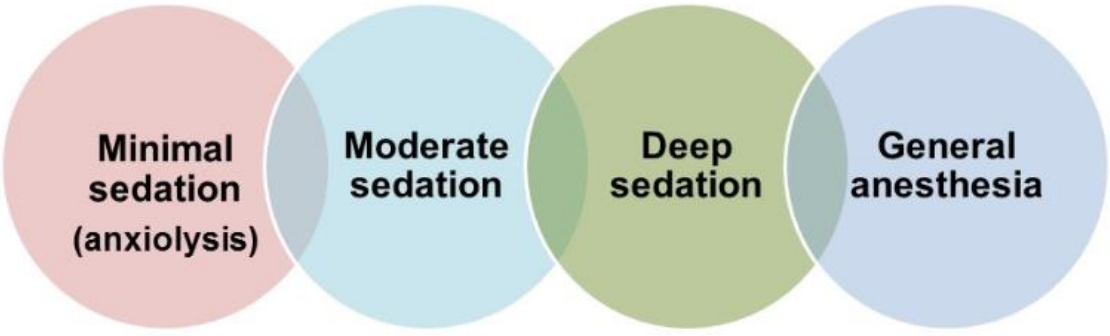
Exclusion List: Non-Procedural Sedation

The sedation policy and this education module **do not apply** when analgesics or sedative agents are given for the following:

- Pain management (analgesics given by **any** route).
- Minimal sedation (anxiolysis).
- Sedation during emergent medical care in an unstable patient.
- Sedation during ongoing ventilation therapy.
- Sedation for end of life/palliative care.
- Treatment of medical conditions such as delirium, alcohol withdrawal, traumatic brain injury, etc.

Four Levels of Sedation

In order to provide safe and effective care for patients receiving sedation, it is imperative that health care providers understand the four levels of sedation:



Minimal Sedation

This is a continuum. To understand, we will begin with minimal sedation, also known as anxiolysis.

Description	*Minimal Sedation*	*Moderate Sedation/Analgesia*	*Deep Sedation/Analgesia*	*General Anesthesia*
Responsiveness	Normal response to verbal stimulation	Purposeful response to verbal or tactile stimulation	Purposeful response following repeated or painful stimulation	Unarousable even with painful stimulus
Airway	Unaffected	No intervention required	Intervention may be required	Intervention often required
Spontaneous Ventilation	Unaffected	Adequate	Maybe inadequate	Frequently inadequate
Cardiovascular Function	Unaffected	Usually maintained	Usually maintained	May be impaired

Minimal Sedation (Anxiolysis)

Key Points – Minimal Sedation

- Anxiolysis is medication therapy given to reduce anxiety and to help patients relax, e.g., diazepam (Valium) PO or midazolam (Versed) IVP prior to a procedure.
- The patient continues to respond normally to verbal commands.
- This level of sedation has no effect on airway, breathing, or the cardiovascular system.
- Cognitive function and physical coordination may be impaired.

Moderate Sedation/Analgesia

Description	Minimal Sedation	Moderate Sedation/Analgesia	Deep Sedation/Analgesia	General Anesthesia
Responsiveness	Normal response to verbal stimulation	Purposeful response to verbal or tactile stimulation	Purposeful response following repeated or painful stimulation	No response even with painful stimulus
Airway	Unaffected	No intervention required	Intervention may be required	Intervention often required
Spontaneous Ventilation	Unaffected	Adequate	Maybe inadequate	Frequently inadequate
Cardiovascular Function	Unaffected	Usually maintained	Usually maintained	May be impaired

Moderate Sedation

During moderate sedation, the patient experiences a depressed level of consciousness during which they retain their ability to maintain a continuously patent airway. The patient will respond appropriately to physical stimulation and verbal commands, yet maintain partial amnesia.

The patient receives relief from anxiety and pain, allowing them to tolerate unpleasant procedures.

Moderate sedation/analgesia also expedites the course of procedures that are uncomfortable and require the patient to not move:

- Central line placements
- Scope procedures (endoscopy, bronchoscopy)
- Chest tube placement
- Painful wound debridements

Moderate Sedation *(cont.)*

Key Points – Moderate Sedation

- The patient is able to respond to verbal commands.
- No interventions are needed to protect the airway or maintain heart rate and blood pressure, but close monitoring is essential.
- Cardiac monitoring is required for a patient with cardiovascular disease or dysrhythmia.
- Consents need to be signed before sedation is administered.

Clinical Characteristics of Moderate Sedation

Clinical characteristics of moderate sedation include:

- Maintenance of protective reflexes, i.e., gag reflex, ability to swallow, and ability to breathe without assistance.
- Independent and continuous maintenance of a patent airway.
- Purposeful response to physical stimulation and/or verbal commands.
- Easily aroused, with the provider talking in a normal tone of voice.
- Minimally depressed level of consciousness.
- Slightly slurred speech.

Example:

In a normal tone of voice, the nurse asks the patient to take a deep breath and open their eyes. The patient should be able to follow this type of command at this level of sedation.

Clinical Characteristics of Moderate Sedation *(cont.)*

Key Points – Moderate Sedation

- Important: A reflex withdrawal from a painful stimulus is not considered a purposeful response and is a sign the patient is progressing to general anesthesia.
- All practitioners involved with moderate sedation must be prepared to "rescue" the patient from a deeper level of sedation than was intended.

Knowledge Check

During a procedure requiring moderate sedation, who is required to know how to rescue a patient from a deeper level of sedation than intended?
(Choose all that apply.)

- [x] The registered cardiovascular invasive specialists (RCIS) assisting with the procedure
- [x] The registered nurse (RN) assisting with the procedure
- [x] The provider performing the procedure

Deep Sedation/Analgesia

Description	Minimal Sedation	Moderate Sedation/Analgesia	Deep Sedation/Analgesia	General Anesthesia
Responsiveness	Normal response to verbal stimulation	Purposeful response to verbal or tactile stimulation	Purposeful response following repeated or painful stimulation	Unarousable even with painful stimulus
Airway	Unaffected	No intervention required	Intervention may be required	Intervention often required
Spontaneous Ventilation	Unaffected	Adequate	Maybe inadequate	Frequently inadequate
Cardiovascular Function	Unaffected	Usually maintained	Usually maintained	May be impaired

Deep Sedation

Deep sedation is used for procedures such as cardioversions, closed reductions of joint dislocations, or fractures. Patients who are deeply sedated cannot be easily aroused, but they do respond purposefully to repeated or painful stimulation, such as a vigorous sternal rub.

Deep Sedation *(cont.)*

Key Point: A reflex withdrawal from a painful stimulus is **not** considered a purposeful response and is a sign the patient is progressing to general anesthesia.

The patient's respiratory status may be affected and spontaneous respirations may be inadequate.

- Assistance may be needed to maintain a patent airway.
- Ventilation assistance may be required.

Progression from Moderate to Deep Sedation

Clinical indications: Progression from moderate to deep sedation/anesthesia:

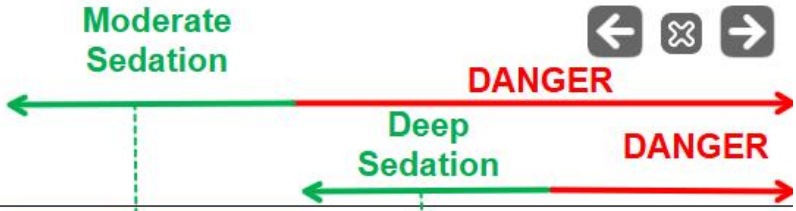
- Not easily aroused
- Partial or complete loss of protective reflexes
- Difficulty maintaining a patent airway independently
- Unable to respond to physical stimulation or verbal commands
- Severely slurred speech

Key Point:
ALL practitioners involved with deep sedation MUST be prepared to "rescue" the patient from deep sedation or general anesthesia.

Progression from Moderate to Deep Sedation *(cont.)*

Clinical indications: Identifying a patient is in deep sedation:

- Similar to general anesthesia, the patient may be unable to maintain a patent airway.
- Loss of protective reflexes (unable to swallow, no cough, no gag reflex).
- The patient purposefully responds to repeated painful stimulation, such as a vigorous sternal rub.



	Minimal Sedation Anxiolysis	*Moderate Sedation/ Analgesia ("Conscious Sedation")*	*Deep Sedation/ Analgesia*	*General Anesthesia*
Responsiveness	Normal response to verbal stimulation	Purposeful** response to verbal or tactile stimulation	Purposeful** response following repeated or painful stimulation	Unarousable even with painful stimulus
Airway	Unaffected	No intervention required	Intervention may be required	Intervention often required
Spontaneous Ventilation	Unaffected	Adequate	May be inadequate	Frequently inadequate
Cardiovascular Function	Unaffected	Usually maintained	Usually maintained	May be impaired

Knowledge Check

Characteristics of anxiolysis include: (Choose all that apply.)

- [ ] Reflex withdrawal from a painful physical stimulus
- [x] Ability to respond normally to verbal commands
- [ ] Diminished respiratory rate or blood pressure
- [x] Ability to maintain a patent airway
- [x] Administering midazolam (Versed) to a stressed patient prior to a procedure

Knowledge Check *(cont.)*

Drag the type of sedation to the light blue box beside its description.

Type of Sedation	Description
Deep Sedation	The patient is unresponsive to verbal commands, but does purposefully resond to a sternal rub. Assistance may be needed to maintain a patent airway and adequate ventilation.
Minimal Sedation (Anxiolysis)	The patient continues to respond normally to verbal commands. This level of sedation has no effect on airway, breathing, or the cardiovascular system.
Moderate Sedation	The patient is able to open their eyes and raise their hand when asked.

References

American Society of Anesthesiologists. *Position on monitored anesthesia care*. Last amended on October 23, 2019.

Munson Healthcare Policies and Procedures. (2022, December 16). *Sedation*. PolicyStat.

MUNSON HEALTHCARE

Procedural Sedation: Roles and Responsibilities

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October 2023

Goal and Objectives

Goal

This course will ensure standardized practice for delivering sedation/analgesia during diagnostic and therapeutic procedures performed outside of the operating room, according to MHC policy. The ultimate outcome is to provide for the safety of our patients during sedation.

Objectives

1. Identify who is qualified to order, administer, and monitor patients receiving moderate and deep sedation.
2. Describe the expected nursing care during procedural sedation.

Responsibilities

At MHC, Registered Nurses (RNs) and Registered Cardiovascular Invasive Specialists (RCIS) who will be monitoring sedated patients during procedures and administering moderate sedation are responsible for the following:

- Knowing the Sedation policy.
- Maintaining competence in sedation medication administration.
- Identifying when a patient has progressed to a deeper level of sedation than intended and intervening as needed.

NOTE: RNs and RCIS do not administer deep sedation for procedures.

Education Requirements

The education requirements for RNs and RCISs include:

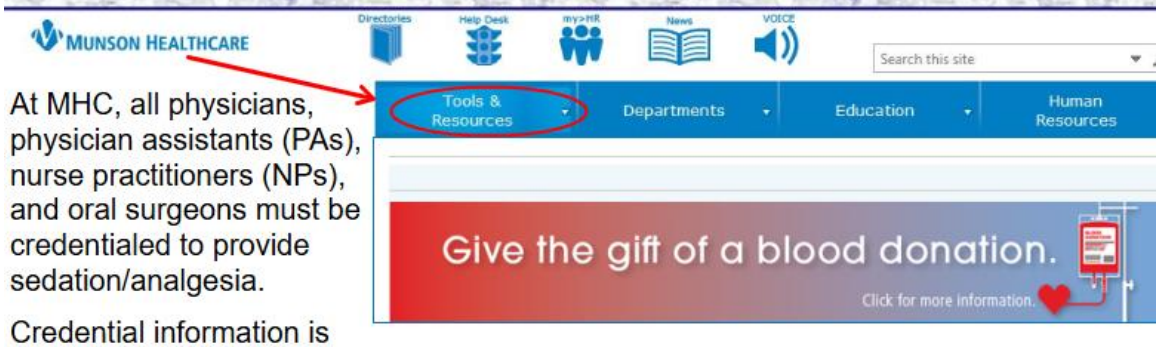
Upon hire:

- Current BLS certification.
- Completion of the online HealthStream assignment.
- Completion of the airway station during RN orientation.
- Completion of the cardiac rhythm competency, the Basic ECG interpretation exam, or current ACLS certification.

Periodically thereafter:

Completion of periodic sedation education and demonstration of competence.

Provider Credential Check



At MHC, all physicians, physician assistants (PAs), nurse practitioners (NPs), and oral surgeons must be credentialed to provide sedation/analgesia.

Credential information is available via MHC Intranet.

Click Tools & Resources.

Provider Credential Check

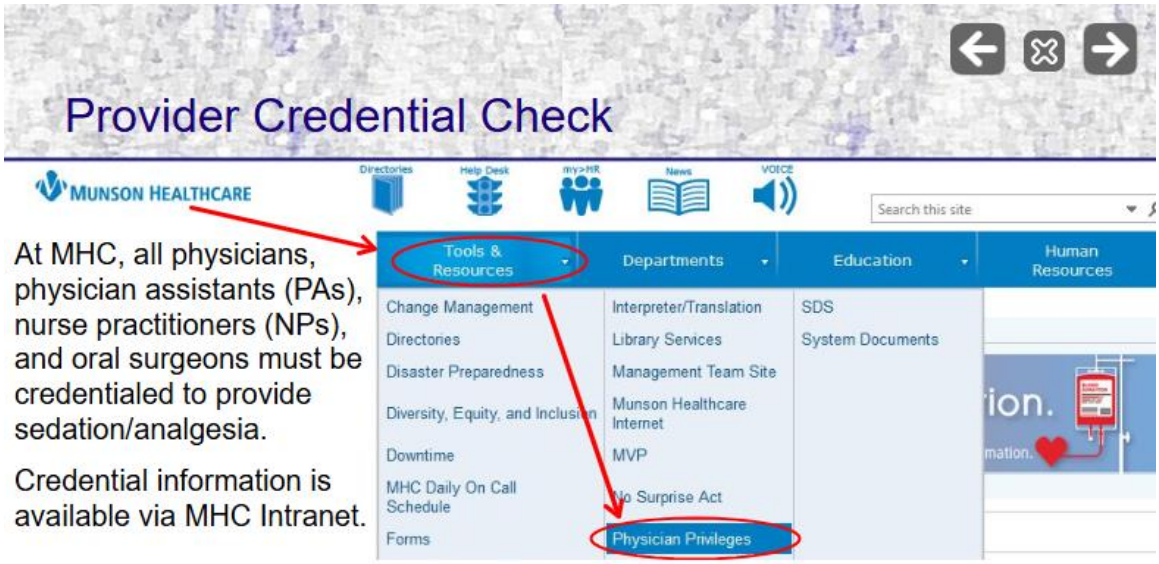
At MHC, all physicians, physician assistants (PAs), nurse practitioners (NPs), and oral surgeons must be credentialed to provide sedation/analgesia.

Credential information is available via MHC Intranet.

Click Tools & Resources.

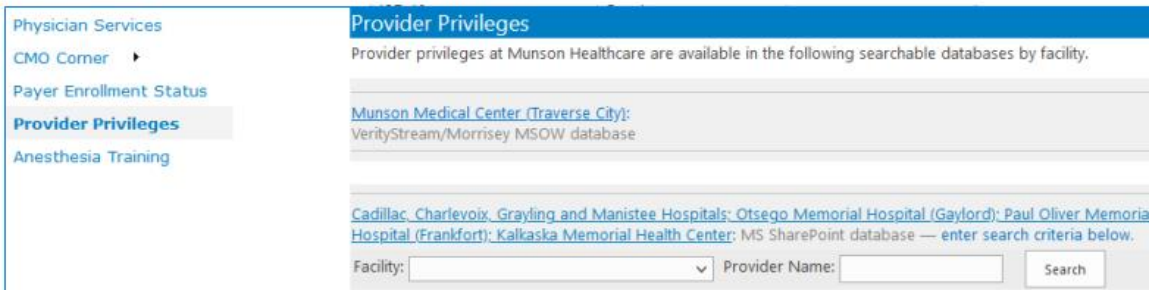
Click Physician Privileges.

Provider Credential Check



At MHC, all physicians, physician assistants (PAs), nurse practitioners (NPs), and oral surgeons must be credentialed to provide sedation/analgesia.

Credential information is available via MHC Intranet.



Knowledge Check

Who can administer moderate and deep sedation for procedural sedation (assuming they have the proper credentials and have completed the education)? (Choose all that apply.)

- [x] Oral Surgeon
- [ ] ICU RN who is ACLS-certified
- [x] Physician
- [x] Physician Assistant
- [x] Nurse Practitioner

Pre-procedure Responsibilities: Provider Assessment

The proceduralist/provider is required to complete a comprehensive assessment of the patient prior to performing the procedure. This includes:

- A determination of the patient's American Society of Anesthesiologists Classification (ASA Class).
  - This is used as a guideline for **NPO status**.
- An airway assessment.

Key Points:

- Anesthesiology can be consulted on any case, but consultation is **advisable** for patients with an ASA Class of IV or V.
  (See next page for description.)
- The pre-procedure assessment must be documented by the anesthesia provider.

Pre-procedure Responsibilities: ASA Classification

American Society of Anesthesiologists Classification ("ASA Class") [6]	
ASA I	A normal healthy patient
ASA II	A patient with mild systemic disease
ASA III	A patient with severe systemic disease that limits activity but is not incapacitating
ASA IV	A patient with severe systemic disease that is a constant threat to life
ASA V	A moribund patient who is not expected to survive without the operation or procedure
ASA VI	A declared brain-dead patient whose organs are being removed for donor purposes

= Anesthesia consultation advised.

Pre-procedure Responsibilities: RN/RCIS Role

The RN or RCIS assisting with a procedure requiring sedation must ensure the following documentation is complete:

- Patient/family education
- Patient monitoring during procedure
- Time-based documentation during procedure

Prior to the procedure, the RN/RCIS must ensure all necessary supplies and equipment are available.

Pre-procedure Responsibilities: Patient Preparation

Procedural sedation preparation is the same as any other procedure or surgery.

- Ensure all orders and diagnostic tests are complete, e.g., lab tests, x-rays, skin preps, etc.
- Verify the patient's NPO status. Follow orders based on ASA class.
- Educate the patient and family regarding the procedure scheduled and expectations of sedation; CONSENT SIGNED prior to any administration of sedation.

Pre-procedure Responsibilities: Patient Preparation *(cont.)*

Validate all required components are complete:

1. Valid H&P is less than 30-days old with reassessment of the patient documented within 24-hours of admission prior to the procedure.
2. Validation of the correct surgical/invasive procedure
3. Evaluation immediately prior to the procedure
4. Medications
5. Allergies and previous drug reactions
6. Patient's age
7. Patient's weight
8. Pre-procedure laboratory and other diagnostic testing
9. Consent

Pre-procedure Responsibilities: Patient Preparation *(cont.)*

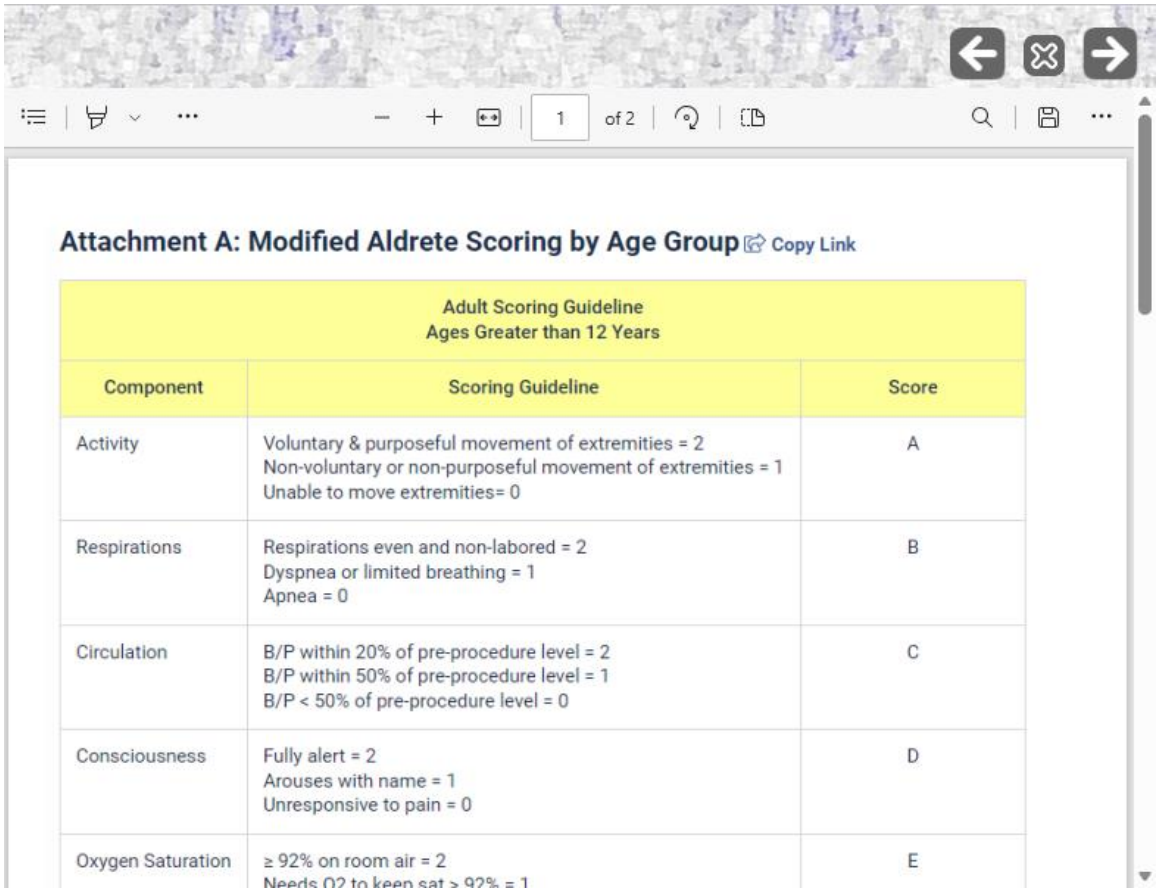
- Ensure a comprehensive assessment of the patient is completed.
- Perform a baseline pain assessment.
- Verify patent IV access.
- Pre-oxygenate the patient via nasal cannula at a flow rate of 2 L/m (unless medically contraindicated).
- Verify emergency equipment is available and in working condition.
- Identify the patient, using two identifiers. Validate the correct patient, procedure, and site.
- Perform a time-out prior to beginning the procedure.

Pre-procedure Responsibilities: The Modified Aldrete Score (or validated tool)

Modified Aldrete Scoring is a measurement tool rating post-procedure recovery of consciousness, activity, respirations, and blood pressure.

- A pre-procedural Aldrete score is necessary to establish an accurate baseline of the patient's status.
- Pre-existing conditions should be considered when evaluating the patient's score.
- A post-procedural score should equal the pre-procedural baseline score prior to discharge from the recovery area.

PRINT the Modified Aldrete Scoring document for use with answers on the quiz.



1 of 2

Attachment A: Modified Aldrete Scoring by Age Group

Copy Link

Adult Scoring Guideline Ages Greater than 12 Years		
Component	**Scoring Guideline**	**Score**
Activity	Voluntary & purposeful movement of extremities = 2 Non-voluntary or non-purposeful movement of extremities = 1 Unable to move extremities= 0	A
Respirations	Respirations even and non-labored = 2 Dyspnea or limited breathing = 1 Apnea = 0	B
Circulation	B/P within 20% of pre-procedure level = 2 B/P within 50% of pre-procedure level = 1 B/P < 50% of pre-procedure level = 0	C
Consciousness	Fully alert = 2 Arouses with name = 1 Unresponsive to pain = 0	D
Oxygen Saturation	≥ 92% on room air = 2 Needs O2 to keep sat > 92% = 1	E

Knowledge Check

The Modified Aldrete Scoring Guideline used to compare the patient's pre- and post-sedation status includes: (Choose all that apply.)

- [x] Activity
- [x] Respirations
- [ ] Pulse
- [ ] Cardiac rhythm
- [x] Blood pressure

Pre-procedure Responsibilities: Baseline Assessment

Immediately prior to medication administration, assess the following baseline parameters:

- Blood pressure
- Heart rate
- Respiratory rate
- Oxygen saturation
  - Maintain adult $SpO_2 \geq 92\%$ and pediatric $SpO_2 \geq 95\%$.
- End-tidal CO_2 level
  - Maintain CO_2 at 35 – 45 mmHg.
  - The CO_2 level will increase if the patient's ventilatory status is compromised.
- Level of consciousness
- Cardiac rhythm
  - Continuous ECG monitoring is required for **all** patients with a cardiac history or expected dysrhythmias, and for **all** deep sedation cases.
- Modified Aldrete score

Knowledge Check

Pre-oxygenation at 2 L/m via nasal cannula is required for all procedural sedation cases, unless medically contraindicated.

- (●) True
- ( ) False

Pre-procedure Responsibilities: Time-Out

Key Point: A "time-out" is **mandatory** prior to the start of the procedure.

During the time-out, the entire procedural team must pause, including the patient when possible, and verify the:

- Correct patient, using two patient identifiers
- Correct procedure
- Correct site (if applicable), including laterality

There must be **100% agreement** of the team **prior to starting** the procedure.

The time-out **must be documented** in the patient's medical record.

Intra-procedure Responsibilities: Monitoring

At a minimum, the following parameters should be monitored and documented **after every medication administration** and **every 5-10 minutes** during the procedure, following each additional dose of medication and more frequently as the patient's clinical needs dictate.

- Blood pressure
- Heart rate
- Respiratory rate
- Oxygen saturation
  - Maintain adult $SpO_2 \geq 92\%$
  - Maintain pediatric $SpO_2 \geq 95\%$.
- Identification and management of adverse events
- Level of consciousness
- Medication: dose, route, time
- Modified Aldrete score
- Pain level
- $EtCO_2$ level

Intra- & Post-procedure Assessment Considerations

Monitor the following to determine the patient's tolerance to the procedure:

- Significant variances in blood pressure, heart rate, respiratory rate and effort, SpO_2, and end-tidal CO_2.
- The patient's response **or** lack of response to verbal and physical stimuli.
- Facial grimacing and physical posturing, tensing, or flaccidity.

When observing the above, ask yourself:

- "Is the patient sedated enough?"
- "Is the patient experiencing pain?"
- "Is the patient over-sedated or at risk of being over-sedated?"

Post-procedure Monitoring

Post-procedure, the following page lists parameters which should be monitored continuously and documented **every 15 minutes**, depending on the patient's condition and the procedure performed.

Documentation will continue through the post-procedure period until the patient reaches 8 or greater on the Modified Aldrete score.

Post-procedure Responsibilities: Monitoring

At a minimum, the following parameters should be monitored and documented **after every medication administration** and **every 5-10 minutes** during the procedure, following each additional dose of medication and more frequently as the patient's clinical needs dictate.

- Blood pressure
- Heart rate
- Respiratory rate
- Oxygen saturation
  - Maintain adult $SpO_2 \geq 92\%$
  - Maintain pediatric $SpO_2 \geq 95\%$.
- Identification and management of adverse events
- Level of consciousness
- Medication: dose, route, time
- Modified Aldrete score
- Pain level
- $EtCO_2$ level

Post-procedure Responsibilities: Monitoring *(cont.)*

- Blood pressure
- Heart rate
- Respiratory rate
- Oxygen saturation
  - Maintain adult $SpO_2 \geq 92\%$
  - Maintain pediatric $SpO_2 \geq 95\%$.
- Identification and management of adverse events.
- Level of consciousness
- Medication: dose, route, time
- Modified Aldrete score
- Pain level
- Nausea
- End-tidal CO_2 level
  - Maintain CO_2 at 35 – 45 mmHg.
  - The CO_2 level will increase if the patient's ventilatory status is compromised.
- Cardiac rhythm
  - Continuous ECG monitoring is required for **all** patients with a cardiac history or expected dysrhythmias and for **all** deep sedation cases.

Post-procedure Assessment Considerations

- Patients may continue to be at significant risk for persistent/residual sedation effects or for developing complications after the procedure is completed.
- The reassessment and documentation of vital signs will revert to unit-specific standards of practice once the post-procedure monitoring criteria have been met.
- The patient's pain level may become more acute as the level of sedation decreases and will need to be treated accordingly.

Post-procedure and Over-Sedation

Over-sedated patients will require an extended recovery period.

Key Points:

- Monitor Patient - If the patient received a reversal agent due to over-sedation, they must be monitored for a minimum of two hours after the last dose of the reversal agent.
- Submit a VOICE File:
  - When a reversal agent is used to rescue a patient.
  - If there are any complications or adverse outcomes.

Discharge from Procedural Units

Patients are either discharged to their inpatient unit or discharged to home from the procedural unit.

Patients may be discharged when **at least** 30 minutes have elapsed since the last dose of sedation/analgesia was given.

Key Points:

If a reversal agent was administered, the patient must be monitored for at least 2 hours after the last dose of reversal agent was given.

Monitoring can continue on an inpatient unit.

Discharge Criteria

Prior to discharge, the following criteria must be met:

- Vital signs must be stable.
- Modified Aldrete score must be ≥ 8.
- None, or mild nausea with no active emesis.
- Patient is arousable with protective reflexes intact.
- Pain-free, mild discomfort, or controlled with analgesics.
- Mobility must be back to pre-procedure baseline.

Interpreting the Modified Aldrete Score

A patient requires either **a score ≥ 8** or **a proceduralist/provider's order** to be transferred or discharged from the procedural unit. Other department/ procedural-specific discharge criteria may also need to be applied.

Key Point:

A score < 8 indicates the patient should be closely monitored with interventions applied as indicated.

Discharging Inpatients vs. Outpatients

Inpatients:

- A full hand-off report must be given to the next provider of care.

Outpatients:

- Written discharge instructions must be reviewed with the patient and responsible party.
- Discharge instructions include the hospital- and department-specific instructions and the 24-hour minimum restrictions mandated for patients who have received pain or sedative agents, including an emergency phone number.

Key Point:

A responsible individual **must** be available to transport the patient home.

Knowledge Check

You are caring for a patient immediately post-bronchoscopy. She is very groggy, but arouses when you call her name. She can move her extremities when asked, but she keeps falling back to sleep. Her respirations are non-labored, but her respiratory rate is 9-10. Her blood pressure is 108/68 (baseline was 124/78). She needs O_2 at 2 L/m via nasal cannula to keep her oxygen saturation at 93%.

What is her Modified Aldrete Score?

- ○ 4
- ○ 5
- ○ 6
- ◉ 7
- ○ 8

Knowledge Check *(cont.)*

Continuing with the same patient in the previous question, what does her score need to be for her to be discharged from the procedural area?

- ○ Greater than or equal to 4
- ○ Greater than or equal to 6
- ◉ Greater than or equal to 8
- ○ Greater than or equal to 10

Reference

Munson Healthcare Policies and Procedures. (2022, December 16). *Sedation*. PolicyStat.

Symptom Management for Procedural Sedation

Amy Krug, BSN, RN, CGRN
Lisa Lord, MSN, RN, CNOR
Jeannette Reynolds, MSN, BBA, RN, CPAN

October 2023

Goal and Objectives

Goal

This course will increase the participant's knowledge of managing potential symptoms associated with patients receiving procedural sedation.

Objectives

1. Identify when a patient has progressed to a deeper level of sedation.
2. Identify nursing interventions appropriate to the patient's rescue needs.

Common Side Effects of Sedation

The most common side effects of sedation administration are:

- Respiratory depression
- Hypotension
- Nausea and vomiting
- Paradoxical response

The most common adverse effect of opioids, especially when combined with sedatives, is respiratory depression.

If left untreated, respiratory depression can progress to apnea, followed by cardiac arrest.

$EtCO_2$ and pulse oximetry may show early signs of respiratory distress.

Treatment of Respiratory Depression

- **Stop all administration of opioids and sedatives!**
  - The duration of these medications depends on the drug, dose, route of administration, and the patient's condition.
- Maintain an open airway:
  1. Reposition the head/neck using the chin-lift or jaw-thrust.
  2. Provide oxygen therapy. Be prepared to use an ambu bag if necessary.
  3. Insert a nasal or oropharyngeal airway as necessary.
- If airway management is not effective, administer the appropriate reversal agent:
  - Flumazenil (Romazicon) for benzodiazepines.
  - Naloxone (Narcan) for opioids.
- Call MRT as appropriate.

If the patient does not respond to airway management maneuvers and the reversal agent, call a Code Blue (5-5555)!

Knowledge Check

The most common side effect of sedation administration is:

- (●) Respiratory Depression
- ( ) Paradoxical Response
- ( ) Nausea and Vomiting
- ( ) Hypotension

Knowledge Check *(cont.)*

If respiratory depression occurs while I am assisting with a procedure that requires sedation, I should do all of the following: (Choose all that apply.)

- [ ] Reposition the head/neck by tucking the chin to the chest.
- [x] Provide oxygen therapy, assisting with ventilation, if necessary.
- [x] Insert an oropharyngeal airway, if needed.
- [x] Administer the appropriate reversal agent.

Hypotension

Hypotension is most likely caused by vasodilation, blood loss during the procedure, or a pre-existing condition, but could also be caused by sedation. The cause of the hypotension determines the treatment.

Possible treatments:

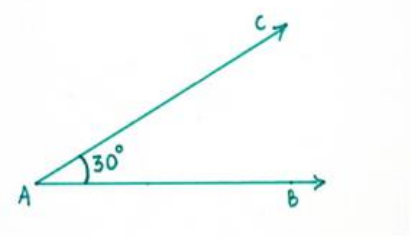
- IV fluid replacement
- Vasopressors
- Blood transfusion
- If you suspect the cause is over-sedation, administer reversal agents per protocol:
  - Flumazenil (Romazicon) for benzodiazepines.
  - Naloxone (Narcan) for opioids.

Nausea and Vomiting

Aspiration is a major concern with the patient receiving sedation.

Treatment for nausea and vomiting:

- Position the patient to prevent aspiration. The preferred position is Semi-Fowlers with the head of the bed at 30 degrees and the patient on his/her side.
- Suction as necessary to maintain a patent airway.
- Administer an antiemetic.
- Patient to remain NPO until awake and alert.



Paradoxical Responses

The desired effect of moderate sedation or analgesia is a relaxed and cooperative patient. The patient is sedated but can be aroused and is able to follow simple commands.

If a patient has a sensitivity to a specific drug, a paradoxical response can occur. Consider a paradoxical response if the patient becomes any of these:

- Agitated
- Uncooperative
- Combative
- Disoriented

Paradoxical Responses *(cont.)*

A thorough patient assessment is imperative to determine the actual cause of the patient's symptoms.

Paradoxical responses are seen more often in patients with a history of alcohol or IV drug abuse (most frequent).

Other causes to consider include:

- Hypoventilation due to hypoxia.
- Inadequate dosing of pain medication during a painful procedure.

Over-sedation

Symptoms:

- Decreased respiratory function (hypoventilation, decreased respiratory rate, or apnea)
- Decreased cardiovascular function (hypotension or dysrhythmias)
- Confusion
- Decreased level of consciousness that can progress to coma
- Depressed/absent cough and gag reflex
- Decreased response to physical/verbal stimuli

Treatment of Over Sedation

Treatment:

- Ensure an open airway.
- Encourage or stimulate the patient to breathe.
- Administer supplemental oxygen to increase or maintain oxygen saturation greater than or equal to 92%.
- Ventilate with ambu bag if spontaneous ventilation is inadequate.
- Administer reversal agents per protocol:
  - flumazenil (Romazicon) for benzodiazepines.
  - naloxone (Narcan) for opioids or narcotics.
- If hypotensive, infuse IV fluids or consider vasopressors.
- Reposition patient to semi-fowlers.
- Consider MRT or RT evaluation, if approriate.
- If patient uses home CPAP/BiPAP, also use it post-procedure.

If the patient does not respond to airway management maneuvers and the reversal agent, call a Code Blue (5-5555)!

Knowledge Check

Symptoms of over-sedation include: (Choose all that apply.)

- [x] Decreased response to stimuli
- [x] Decreased respiratory rate
- [ ] Agitation
- [x] Hypotension

Knowledge Check *(cont.)*

If a patient is in respiratory arrest and does not respond to airway management and reversal agents, I should:

- (●) Call a Code Blue.
- ( ) Call and MRT.
- ( ) Call the provider.

Reporting Requirements

Whenever it is necessary to administer a reversal agent, a VOICE file must be completed. Access the form from the MHC Intranet.

Other complications related to sedation to be reported include:

- Incidents in which the patient slips into a level of sedation that is greater than intended, e.g., moderate to deep sedation.
- Profound hypotension (50% decrease from pre-procedure mean blood pressure)
- Cardiac arrest
- Defibrillation
- Respiratory arrest
- Seizures
- Aspiration
- Medication errors
- Vomiting

Knowledge Check

I must fill out a VOICE file for the following situations: (Choose all that apply.)

- [x] If a patient slips into a deeper level of sedation than intended.
- [x] Profound hypotension
- [x] Medication errors
- [x] If a reversal agent is required to control an adverse reaction, such as respiratory depression.

References

Munson Healthcare Policies and Procedures. (2022, December 16). *Sedation.* PolicyStat.

Munson Healthcare Policies and Procedures. (2021, April 20). *Flumazenil Protocol*. PolicyStat.

Munson Healthcare Policies and Procedures. (2022, February 21). *Standing Order/Protocol for Adult Naloxone (Narcan)*. PolicyStat

Procedural Sedation Medication Guidelines

Lauren Wolf, PharmD, BCPS, BCCCP

December 2025

Goal and Objectives

Goal

This course will increase the participant's knowledge of administering medications for procedural sedation.

Objectives

1. Identify staff who can administer sedation.
2. Select the appropriate medication and dose for reversing over sedation.

Introduction

Dosage guidelines for procedural sedation and reversal agents are approved by the Pharmacy and Therapeutics (P & T) Committee at Munson Medical Center.

These guidelines are intended for initial doses and may be exceeded or decreased according to the patient's history, previous response to sedatives or other clinical circumstances.

Prior to administration, the P & T Committee must review and approve the use of all medications not listed in the approved guidelines.

Guidelines Location

Nurses and Registered Cardiovascular Invasive Specialists (RCIS) should be familiar with medication guidelines before administering sedation. The medication guidelines are attached to the Sedation policy.

Moderate & Deep Sedation/Analgesia Drug Usage Guidelines are listed below. **Print** the document to use as a reference for upcoming questions.

Attachment C: Moderate Sedation/Analgesia Drug Usage Guidelines

A. IVP by RN or ED Trained Pharmacist in the presence of the provider credentialed for moderate sedation

B. Not intended for Neonates - Unless otherwise indicated

Drug	Pharmacokinetics	Drug Dosage & Administration	Precautions / Contraindications
Diazepam (Valium)	Onset: IV: 1-3 min	Adults IV: 5-10mg - no faster	• Titrate to effect. Do not dilute.

Facility-specific IV Push and Infusion Guidelines

Munson Healthcare has an IV Push/Infusion Chart to assist staff with decisions regarding the administration of medications. This chart can be found on the Intranet on the Pharmacy Department site.

The chart contains various topics, including:

- Medications administered by IV push or by infusion.
- Approved medications per department.
- Medications a nurse can give during a Code Blue.
- Medications requiring a physician be present during administration.

NOTE: See the IV Push Chart on the next slide.

MMC IV Push Chart

MUNSON HEALTHCARE
IV MEDICATION ADMINISTRATION GUIDELINES

Definitions	
Level 1	Units with general nursing and monitoring capabilities (ex. med-surg).
Level 2	Intermediate and telemetry units. RNs working on these units have more advanced training and advanced monitc telemetry) are present. Level 2 may be further divided into level 2a (telemetry units) or level 2b (step-down units)
Level 3	Critical and emergency care units (including operating rooms). Licensed clinicians working on these units are trai emergencies and manage critically ill patients. Advance monitoring and treatment resources are readily available.
OB	Birthing units and units dedicated to the care of antepartum and postpartum patients. OB units follow level 1 crite noted.
PEDS	Any unit caring for patients 18 years of age or less. Peds may be further subdivided as **level 1, level 2, and level** criteria above.

Exclusions

- Chemotherapy/antineoplastic agents
- Biologics and immune therapies typically restricted to outpatient administration (ex. Infliximab, vedolizumab)
- Basic IV hydration fluids (ex. 0.9% normal Normosol, lactated ringers)
- Non-intravenous parenterally administere

Who Can Administer Sedation?

Medications for **moderate** sedation may be given by a registered nurse (RN) or registered cardiovascular invasive specialist (RCIS) in the presence of the physician, physician assistant (PA), nurse practitioner (NP), or oral surgeon credentialed in moderate sedation and in advanced airway management.

Who Can Administer Sedation? *(cont.)*

Medications for **deep** sedation, can **ONLY** be administered by a provider credentialed in deep sedation.

- **Exception: Propofol** - a critical care RN may give propofol (Diprivan) IVP for an emergent intubation while a physician is present and performing the intubation.
  - Critical care is defined by the IV Push/Infusion Chart to include these units:
    - ✓ ICU
    - ✓ ED
    - ✓ PACU
    - ✓ OR
    - ✓ A2 (critical)
    - ✓ A3 (critical)
    - ✓ IR

Knowledge Check

A patient is scheduled for a wound debridement at the bedside. The physician orders hydromorphone (Dilaudid) 0.1-0.5mg IV titrated over 1 minute for moderate sedation.

This is an approved dose according to the MMC Moderate Sedation Guidelines.

- (●) True
- ( ) False

Knowledge Check *(cont.)*

A patient is scheduled for a synchronized cardioversion. The physician orders propofol (Diprivan) at 1mg/kg per minute over 60 seconds.

How long do the effects of propofol (Diprivan) last?

- ( ) 1-2 minutes
- (●) 3-10 minutes
- ( ) 12-20 minutes
- ( ) 25-30 minutes

Knowledge Check *(cont.)*

A registered nurse from the ICU can give propofol (Diprivan) IV push with a physician order, if the physician is present in the room, but is not intubating the patient.

- ○ True
- ◉ False

Reversal Agents

- Reversal agents may be indicated when:
  - ➢ The level of sedation is deeper than desired.
  - ➢ The patient's responsiveness or cardio-respiratory status is compromised.
  - ➢ An idiosyncratic reaction occurs.
- If a reversal agent is administered for the undesired effects, a **VOICE** file is required.
- A patient should be monitored for a minimum of two hours after giving a reversal agent.

Commonly Used Opioids

If a patient becomes difficult to arouse with verbal or physical stimuli related to sedation from an opioid, follow the Standing Order/Protocol for Adult Naloxone (Narcan) Protocol. The naloxone (Narcan) protocol can be located:

- Policy website on the Intranet
- Pharmacy website on the Intranet
- Side of the crash cart

Examples of commonly used opioids include:

Codeine	Morphine
Demerol (meperidine)	Norco (hydrocodone + acetaminophen)
Dilaudid (hydromorphone)	Oxycontin (oxycodone)
Dolophine (methadone)	Percocet (oxycodone + acetaminophen)
Duragesic (fentanyl patch)	Sublimaze (fentanyl injection)

naloxone (Narcan) Protocol

The naloxone protocol allows the registered nurse or RCIS to:

- Titrate oxygen to maintain an oxygen saturation of at least 92%.
- Perform further interventions, including the administration of naloxone depending on the patient's mental status and O_2 saturation.
- For patients with oxygen saturations ≥ to 80%, dilute the naloxone 0.4 mg in 9 ml of normal saline and administer in small, 1mL doses following the protocol. This allows for better titration of the dosing [so the patient doesn't over respond to the naloxone and end up in severe pain].
- Give naloxone 0.4 mg **undiluted** for an O_2 saturation below 80% or respiratory arrest.

NOTE: Click the button.

Review the naloxone (Narcan) Protocol

Show Changes

Tag Policy

Standing Order/Protocol for Adult Naloxone (Narcan)

Purpose

To provide a policy for Adult Naloxone (Narcan) standing orders/protocols.

Policy

A. The Protocol for Adult Naloxone (Narcan) shown below, is approved as a standing order and may be initiated by a Registered Nurse (RN) or Licensed Practical Nurse (LPN) without a provider order for any patient if:

1. Patient is difficult to arouse with verbal/physical stimuli **~AND~**
2. Patient is on, or recently was on, opioids or suspected that the patient has consumed opioids

. This protocol is not applicable for end of life/palliative or comfort care/hospice patients. Call provider to clarify if any questions.

C. If criteria above are met then the initiating [illegible] would enter by Physician Order Entry (POE) using

naloxone (Narcan) Points to Remember

- The onset of action for naloxone is within 2 minutes.
- The half-life of naloxone is 30-90 minutes.
- Many opioids have a longer half-life than naloxone, so it is important to monitor your patients closely. A repeat dose of naloxone may be required.

Knowledge Check

A 52-year-old female was admitted post-intervention to her right coronary artery. She received an initial dose of morphine sulfate 2 mg IV push prior to her sheath pull. She continued to complain of discomfort @ 8/10. An additional morphine sulfate 4 mg IV push was administered for discomfort. Respirations are now 5/minute; oxygen saturation is 82%. The patient is not arousable to verbal stimuli, but is arousable to a sternal rub.

Which dose of reversal agent should be initiated?

- (●) naloxone 0.4 mg diluted in 9 mL of normal saline, and give 1 mL IV push
- ( ) naloxone 0.4 mg diluted in 9 mL of nomal saline, and give IV push
- ( ) naloxone 0.4 mg IV push (undiluted)
- ( ) naloxone 0.4 mg diluted in 9 mL of normal saline, and give 2 mL IV push

Treating Over Sedation from a Benzodiazepine

If a patient becomes difficult to arouse with verbal or physical stimuli related to sedation from a benzodiazepine, follow the flumazenil (Romazicon) protocol.

The flumazenil protocol can be located:

- Policy website on Intranet
- Pharmacy website on Intranet
- Side of the crash cart

Commonly Used Benzodiazepines

The most commonly used benzodiazepines are:

alprazolam (Xanax) ★	flurazepam (Dalmane)
chlordiazepoxide (Librium)	**lorazepam (Ativan)** ★
clonazepam (Klonopin)	**midazolam (Versed)** ★
clorazepate (Tranxene)	oxazepam (Serax)
diazepam (Valium) ★	**temazepam (Restoril)** ★
estazolam (Prosom)	triazolam (Halcion)

★ = MMC formulary benzodiazepines

flumazenil (Romazicon) Protocol

The flumazenil Protocol allows the registered nurse or RCIS to:

- Titrate oxygen to maintain an oxygen saturation of at least 92%.
- Perform interventions, including administering flumazenil if the patient is unarousable AND:
  - Oxygen saturation is less than 89% **OR**
  - Respiratory rate is less than 6.
- Initial dose: flumazenil 0.2 mg IV push over 30 seconds

NOTE: Click the button to review the flumazenil protocol; check for repeat dosing and the complete intervention sequence.

Review the flumazenil (Romazicon) Protocol

Show Changes

Manistee, POMH)

Tag Policy

Flumazenil Protocol

Purpose

Flumazenil (Romazican) protocol for suspected Benzodiazepine overdose in adults.

Policy

Flumazenil Reversal Protocol (Physician Order Required)

Purpose: Flumazenil (Romazicon) protocol for suspected Benzodiazepine Overdose in Adults

Most Common Benzodiazepines

- Alprazolam (Xanax)
- Chlordiazepoxide (Librium)
- Clonazepam (Klonopin)
- Clorazepate (Tranxene)
- Diazepam (Valium)
- Estazolam (ProSom)

Difficult to arouse with verbal/physical stimuli or suspected benzodiazepine overdose

- Page respiratory therapy STAT
- STAT SpO2

flumazenil (Romazicon) Points to Remember

- The onset of action is 1-2 minutes.
- Duration:
  - ➢ Re-sedation occurs after approximately 1 hour (range: 19-50 minutes).
- Many benzodiazepines have a longer half-life than flumazenil, so it is important to monitor your patients closely. A repeat dose may be required.
- Avoid use of flumazenil in patients with chronic benzodiazepine use. Its use may precipitate seizures.

Knowledge Check

You are assigned to an 88-year-old man who arose from a sitting position and had a syncopal episode. He was placed on the stroke unit for telemetry monitoring. At the start of your evening shift, he becomes very agitated. An order is obtained to give him lorazepam (Ativan). He finally falls asleep after 0300. At the end of the shift (0700), you find him difficult to arouse to both verbal and physical stimuli. His respirations are 5/minute and his oxygen saturation is 86%.

Which reversal dosing agent is appropriate for this patient?

- ○ Undiluted naloxone (Narcan) 0.4 mg IV push STAT
- ○ Diluted naloxone (Narcan) 0.4 mg in 9 mL normal saline
- ◉ flumazenil (Romazicon) 0.2 mg IV push over 30 seconds
- ○ flumazenil (Romazicon) 0.4 mg IV push over 30 seconds

Selecting naloxone (Narcan) vs. flumazenil (Romazicon)

When a patient has received/taken both a benzodiazepine and an opioid, and a reversal agent is needed, **give the naloxone first**.

Reasons:

- Opioids are more likely to cause respiratory depression and other adverse effects, such as hypotension.
- flumazenil can cause seizures in patients with a history of long-term use of benzodiazepines.

Knowledge Check

A 21-year-old female patient has returned following endoscopy in the Medical Procedure Room. She received Demerol 75 mg and Versed 7.5 mg during the procedure.

She has a history of taking Xanax 0.25 mg three times per day for anxiety and Vicodin PRN for pain. She was discharged to B2 following an uneventful recovery with an Aldrete score of 8. Respirations are now 5/minute with an oxygen saturation of 85%. The patient is not arousable to verbal stimuli, but does arouse to a sternal rub.

Which reversal agent protocol should be used first?

- (●) naloxone (Narcan) Protocol
- ( ) flumazenil (Romazicon) Protocol

Knowledge Check *(cont.)*

A 21-year-old female patient has returned following endoscopy in the Medical Procedure Room. She received Demerol 75 mg and Versed 7.5 mg during the procedure.

She has a history of taking Xanax 0.25 mg three times per day for anxiety and Vicodin PRN for pain. She was discharged to B2 following an uneventful recovery with an Aldrete score of 8. Respirations are now 5 minute with an oxygen saturation of 85%. The patient is not arousable to verbal stimuli, but does arouse to a sternal rub.

Which dose of Narcan (naloxone) should be administered?

- ( ) naloxone 0.4 mg IV push (undiluted)
- ( ) naloxone 0.4 mg diluted in 9 mL of nomal saline, and give IV push
- ( ) naloxone 0.4 mg diluted in 9 mL of normal saline, and give 2 mL IV push
- (●) naloxone 0.4 mg diluted in 9 mL of normal saline, and give 1 mL IV push

Treating Patients Who Revert to a Deeper Level of Sedation

- Remember, the effects of opioids and benzodiazepines last longer than the effects of the reversal agents.
- Continue to monitor the patient for signs of progression to a deeper level of sedation for a minimum of 2 hours.
- Repeated dosing of the reversal agents may be needed.
- Create and submit a **VOICE** file.

Dissociative Sedation

Dissociative sedation is a trance state where the patient remains awake, but is unaware of pain and will have no memory of the event.

- In comparison to deep sedation, which causes the patient to:
  - Be unarousable, except with repeated or painful stimuli
  - Experience respiratory depression

Ketamine for Dissociative Sedation

Ketamine will be administered by providers credentialed for deep sedation.

1. A pharmacist, nurse, or non-credentialed provider may administer medications for dissociative sedation in the Emergency Department, as long as a provider credentialed for deep sedation, an RN, and a respiratory therapist are ***ALL*** present.
2. Respiratory adverse events, such as apnea or laryngospasm (although uncommon), may still occur, and providers must always be prepared to rescue the patient from a deep sedation state anytime ketamine is administered.
3. Ketamine (IM/IV) is used for dossociative sedation in both children and adults (including the mentally disabled) for medical procedures such as, but not limited to: fracture reduction, laceration repair, abscess drainage, foreign body removal.
4. If Ketamine is administered IM, IV access should be immediately available.

References

Lexicomp. (2023, November 29). *Flumazenil*. Retrieved December 5, 2023.

Munson Healthcare Policies and Procedures. (2021, April 20). *Flumazenil Protocol*. PolicyStat.

Munson Healthcare Policies and Procedures. (2022, February 21). *Standing Order/Protocol for Adult naloxone (Narcan)*. PolicyStat.

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Status Active PolicyStat ID 17948440

Origination	12/13/2023
Last Approved	6/3/2025
Effective	6/3/2025
Last Revised	6/3/2025
Next Review	6/2/2028
Owner	Jennifer Standfest: CNO
Area/ Department	Nursing
Applicability	MMC, Cadillac, Charlevoix, Grayling, Otsego

Cardiac Telemetry Monitoring

Purpose

To enhance patient safety and clinical consistency by outlining continuous cardiac monitoring guidelines, arrhythmia detections and overall alarm management.

Definitions

1. **Cardiac Monitoring/Telemetry Monitoring:** Continuous cardiac rhythm display at the bedside and/or transmitted to a central monitoring console that can provide alarms or print/save rhythm strips.
2. **Telemetry Technician:** Licensed or unlicensed staff member with training and competency in electrocardiogram (ECG) rhythm interpretation.
3. **Telemetry Observer:** An individual assigned to listen for and/or observe specific visual cues with the intention of escalating information to a resource trained to assess and/or intervene in a specific situation.

Policy

A. An order is needed to initiate and discontinue cardiac monitoring. Orders should specify any parameters and any circumstances in which the patient can be temporarily or permanently removed from monitoring.

B. When initiating cardiac monitoring, the following identifiers are used:

   1. 10-digit account number
   2. Last Name, First Name (NOTE: This will automatically pull through ADT feed if 10-digit account number is entered correctly)

C. The Registered Nurse (RN) is responsible to:

1. Initiate and maintain continuous monitoring and to perform initial review and adjustment of settings and alarm parameters.
2. Regularly review and interpret cardiac rhythm and document findings in the chart.
3. Assess need for continued cardiac monitoring daily, using provider orders or protocol, where applicable.
4. Report clinically relevant abnormalities identified on review or by alarm/event review to the provider. Abnormalities include but are not limited to:
    a. Any new dysrhythmia (i.e., tachy or brady arrhythmia exceeding alarm)
    b. Heart block
    c. New atrial fibrillation or flutter or inadequate rate control of these rhythms
    d. Ventricular tachycardia/fibrillation
    e. Supra-ventricular tachycardia
    f. Any symptomatic patient with a dysrhythmia
    g. Any dysrhythmia requiring immediate treatment
5. Initiate code response or other facility specific rapid response protocols or appropriate emergency interventions
6. The RN may delegate tasks to appropriately trained support personnel. These may include, but are not limited to: equipment preparation, skin preparation, electrode application/reapplication, application of monitoring equipment.

D. Where present, telemetry technicians may review and adjust specific settings and alarm parameters and may interpret cardiac rhythms, complete specific documentation, and shall report abnormalities to the RN.

1. The technician will monitor each telemetry unit for ventricular tachycardia, ventricular fibrillation, asystole, tachycardia and bradycardia, low battery and lack of rhythm. The telemetry technician will contact the nurse with findings.
2. A telemetry log may be kept on each unit with pertinent info such as the patient's name, dominant rhythm, assigned nurse and the direct phone number(s) for the assigned care team.

E. A telemetry technician and/or any RN not directly responsible for the patient's care who observes events or responds to alarms at the bedside or central monitoring station will notify the primary nurse of any changes in the patient's condition, monitor settings, or alarm parameters.

F. Where present, telemetry observers are identified 24 hours a day. The telemetry observer may perform other clerical duties that do not remove them from direct view or audio of the monitor. The observer will arrange for another trained observer or nurse to fill the role temporarily if needed for breaks or to perform other job duties away from the area.

G. Any support personnel should consult with/notify the appropriate individual (eg., telemetry observer or technician, RN, etc.) prior to removing a patient from monitoring for showering,

procedures/testing or discharge.

Electrode and Lead Placement, Battery Replacement

A. Electrodes are applied according to Lippincott Procedures - Cardiac monitoring (lww.com) instructions found online. Electrodes shall be changed daily and as needed (PRN) or in accordance with manufacturer recommendations.

B. Lead placement should be confirmed at the beginning of each shift, along with verification the monitor / transmitter is functioning properly and that suitable battery life remains.

C. Battery change should occur minimally when “low battery” signal appears, or with approximately 25% battery life remaining.

Lead Selection

A. Lead II is generally selected as the standard monitoring lead.

B. For a standard 5 lead system, V1 is commonly selected as the second lead. An alternate lead may be selected based on which provides a clearer trace, more prominent or upright waves, or by which a particular area of the heart can be better monitored.

Cleaning

A. Upon discontinuation of telemetry monitoring, the telemetry unit and electrodes are cleaned per manufacturer instructions.

Cardiac Rhythm Waveforms and Documentation

A. A rhythm strip will be measured, interpreted, and documented per the following guidelines:

1. Rhythm interpretation is ongoing and documented as part of the nursing assessment
2. Inpatient care (critical, intermediate, or telemetry care departments) at admission, each shift with initial RN assessment, and with any significant change in rhythm or significant symptoms
3. Emergency Department (ED) at admission and with any life-threatening rhythms or significant changes in patient condition
4. Rhythm waveform documentation should include the name of identified rhythm, heart rate, PR/QRS/QT intervals where applicable, and the name of the RN or Telemetry Technician performing the documentation.

Monitoring Guidelines

A. HR alarms will be set appropriately to the patient's baseline HR, rhythm, clinical condition or treatment plan by an RN or Telemetry Technician.

B. If a monitored patient has a pacemaker, the pacemaker detection function of the cardiac monitor must be turned ON

Refer to Munson Healthcare (MHC) entity specific intravenous (IV) Medication Guidelines and/or consult with pharmacy for information related to risk of prolonged QT interval and for IV medication administration and required monitoring.

C. QT interval monitoring functions of the cardiac monitors may be utilized by the RN/Tele Tech as an adjunct to patient / rhythm assessment. A patient with a baseline prolonged QT or on a medication that has the potential of prolonging the QT interval may have orders for more frequent QT measurements.

D. ST segment monitoring and ST mapping functions of the cardiac monitors may be utilized by the RN/Tele Tech as an adjunct to patient assessment. (Note: some clinical conditions make it difficult to achieve accurate ST monitoring i.e., atrial fib or flutter with an irregular baseline, ventricular pacing, left bundle branch block. Consider turning ST monitoring off in these conditions).

E. Silencing Alarms:

    1. A trained telemetry observer or technician or a registered nurse may silence clearly erratic/false alarms such as those caused by motion or artifact while requesting evaluation by clinical personnel.

    2. A lethal rhythm alarm may be silenced by a Telemetry Technician or RN after the RN evaluates the rhythm and/or patient condition.

Alarm Settings and Clinical Management

A. The Clinical Engineering department has oversight for the testing and maintenance of clinical devices to ensure accurate settings, proper operation, and detectability of alarms.

B. Monitor settings are configured according to manufacturer recommendations to enhance patient safety. A copy of all configuration settings is maintained by the Clinical Engineering department. These settings may only be changed with approval of the Cardiac Monitoring Steering Committee or the Cardiac Monitoring Alarm Committee, with the endorsement of the Clinical Leadership Council.

C. Arrhythmia monitoring will be on and audible for all monitored patients, with the exception of patients who are receiving end of life care, where death is anticipated and an order for comfort care is present.

D. Alarm volume should be set audibly so that nursing staff is able to hear and respond appropriately to non-critical and critical alarms. It is the responsibility of the bedside nurses, the unit coordinator, and other clinical staff to maintain the appropriate alarm volume which decreases noise pollution for patients and visitors, while ensuring prompt staff notification of alarm situations.

E. Select alarm parameters are unlocked and able to be adjusted on an individual basis by the RN, Telemetry Technician, or other licensed clinician within their scope of service.

F. All monitor alarm settings should be adjusted to reflect patient or condition specific values and should be reviewed and adjusted (if indicated) at admission, each shift, and as needed by the RN and/or Telemetry Technician.

    1. The nursing staff member will determine the appropriate response to the alarm; however, the nurse is responsible to confirm findings, verify patterns, and evaluate

interpretations through patient assessment. The response to an alarm may include but is not limited to silencing the alarm, recording the strip, and/or initiating emergency interventions.

2. In the event of a Code Blue or Cardioversion, an event strip will be documented containing the initiation of the event and documentation of changes in rhythm continuing through termination of efforts. As an alternative, a strip from the defibrillator may be used to record the events of the Code Blue.

G. Patient care staff are familiar with alarm settings, policies and procedures.

Transfer/Discharge Procedure

A. At the time of transfer/discharge, the patient MUST be discharged from the bedside and/or central monitoring console, and when applicable, have their encounter be dissociated from the electronic health record (EHR).

B. Refer to manufacturer instructions for use for specific steps to transfer or discharge patient.

Transport Monitoring

A. An RN (or in some cases, a paramedic) shall accompany the patient for transport if the patient is in critical condition, hemodynamically unstable and/or on continuous vasoactive infusions.

B. Other monitored patients transported by unlicensed staff will be monitored remotely by the telemetry technician, telemetry observer, or RN. A portable phone will be assigned and in the possession of the staff member closest to/responsible for the patient at all times. Monitoring staff will use this phone to communicate emergency conditions and request immediate assistance for the patient.

Reference

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Keywords

Cardiac, Telemetry, Monitoring, Tele Tech

Approval Signatures

Step Description	Approver	Date
System Policy Oversight Committee	Terri Fries: Document Mgmt Spec	6/3/2025
CNO Council	Jennifer Standfest: CNO [AM]	6/2/2025

Document Owner	Jennifer Standfest: CNO [AM]	6/2/2025

Applicability

Cadillac Hospital, Charlevoix Hospital, Grayling Hospital, Munson Medical Center, Otsego Memorial Hospital

Standards

No standards are associated with this document